

Rourke has deep love for his dogs

pg 22



Recline & Relax Sale

See Page 15!

Investigation into death continues

POLICE Halifax police remained at 60 Charlotte Lane yesterday after the body of a man in his 50s was found at the property Monday night.

The cause of death was not determined by press time, and police continue to investigate as they wait for autopsy results.

JON TATTIE FOR METRO HALIFAX

Riding the Recession

Looking for ways to save money and ride out the economic storm? For the next six weeks, Metro will share advice on how to cut down on expenses and navigate your way through the recession.

- Food
What local eatery will leave you feeling full and your wallet not feeling empty — it's Meals for a Steal, pg 16

- Style
11 things to cheer up your frugal fashion week, pg 17

- Tomorrow
How independent businesses are trying to attract new customers



Music pg 18



Morrissey brings edge

Movies pg 20



Oscars could use some life

Obama Anticipated arrival



A poster of U.S. President Barack Obama is seen across from Parliament Hill in advance of his visit to Ottawa. Significant protests over Alberta's oilsands and U.S. purchases are expected as Obama visits the capital today on his first foreign trip since becoming president.

Hunkering down Halifax braces for major snowstorm

PAUL MCLEOD
paul.mcleod@metronews.ca



If you're reading this, it's probably already too late.

You're likely on your way to work, which means you'll have to deal with one of those Nova Scotia storms where snow turns to rain, rain turns to freezing rain, and laughter turns to bitter cursing.

"It's going to be messy more than bad," CBC's genial supper-hour weatherman, Peter Coade, told Metro News yesterday.

"What's going to make it bad is the temperatures are going to be right

"What's going to make it bad is the temperatures are going to be right around zero, minus one to zero. Ten to 15 centimetres of snow doesn't look out of the question."

CBC weatherman Peter Coade

around zero, minus one to zero. Ten to 15 centimetres of snow doesn't look out of the question."

So in other words, this will likely be one of those storms that fluctuate between snow and rain, leaving a wet, heavy blanket covering everything?

"There's a good chance of that, yep."

But worse than that is that it's predicted to start around midday and go into the evening.

That'll cause rush-hour delays, and likely some cancelled events in the evening, according to Coade.

"It's just at a bad time. If it was to happen overnight, it wouldn't be

as bad," he said.

It will also likely cause some new grey hairs to grow on Mayor Peter Kelly's head.

The city recently burned all the way through its \$16.2-million snow removal budget.

But it's not into deficit territory quite yet, thanks to \$2.5 million in reserve funding.

But it does put HRM close to the edge, as a significant storm can cost between \$750,000 and \$1 million.

Any amount the city goes over budget will have to be cut from another department to avoid a deficit.

Will Canada's withdrawal be an issue?

OBAMA When Canada threatened to withdraw from the Afghan mission last year, the country was lavished with public displays of affection from all corners of the NATO alliance.

The tactic worked and the House of Commons rallied behind a politically palatable mandate for the mission and a 2011 pull-out.

This week, the U.S. ordered 17,000 more troops to the Afghan south and said it expects its allies to make in-kind contributions. Canada, with 108 deaths and three years on the Kandahar frontline, appears at first blush to be the exception as President Barack

Obama has no intention of making such a pitch to Prime Minister Stephen Harper when they meet today.

Before any proposal arrives

on Harper's doorstep, Obama says the mission must be transformed, re-energized and made purposeful. In his only interview ahead of the trip, he said Canadian lawmakers and citizens need a sense that what they're contributing to in Afghanistan is "productive."

But the reality is that Ottawa is already being subjected to a two-track message by visiting U.S. officials that amounts to a "don't ask, don't tell" policy on Canada's Afghan future. Admiral Mike Mullen, chairman of the U.S. Joint Chiefs of Staff, said during a visit last week that he hadn't raised the issue of a Canadian pullout, or its impact on the flailing NATO mission, with Harper or Gen. Walt Natynczyk.

Then he boarded his military plane to return to Washington and told American reporters that "there's a lot that can happen."

TORSTAR NEWS SERVICE

CANADA'S ECONOMIC ACTION PLAN

The Government of Canada's proposed Economic Action Plan contains new tax measures that may benefit you.

If you're a homeowner, or are planning to become a homeowner, the Action Plan can help.

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- ✓ A First-Time Home Buyers' Tax Credit that allows you to save up to \$750 on the closing costs of a first home

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Canada

Nominations being accepted for Medal of Bravery

Know someone who risked their life for another? Nominate them for Nova Scotia's Medal of Bravery. Anyone who has put themselves on the line to protect another person or their property can be nominated at gov.ns.ca/bravery; Nominations close May 1. **METRO HALIFAX**

Local



Kings feeling turbulent times

The University of Kings College is struggling. Shrinking endowments, lower enrolments and stock-market turbulence have left the college with a \$1.1-million deficit. Administrators are considering cuts to the library, eliminating some sports teams and cutting back on capital spending. Kings was recently ranked the best first-year experience in Canada by Maclean's magazine. **METRO HALIFAX**

Baby-killer has made progress: Parole board

DECISION A man who once threw his infant son against a couch and killed him is not a danger to the community, according to the National Parole Board.

Darren Frederick Viennot still has trouble managing stress, and that's made it hard for him to find a job. But he's made progress in the last four years, says a decision released yesterday by the board. It was issued after an annual review of his parole.

"Your case management team remains focused on assisting you to be independent and self-sufficient in an environment where you can manage stress," reads the decision. Viennot must remain in a halfway house, where he's been living since he first got parole in 2006.

In July 1994, Viennot shook his 5½-month-old son, Devon, six times to stop him from crying, then threw him three times against the couch. The baby died in hospital the next day.

Viennot is now trying to get a disability pension.

RACHEL BOOMER/METRO HALIFAX

YMCA reviews security after woman attacked in washroom

RACHEL BOOMER
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The YMCA on South Park Street is beefing up security at its student residence after a 24-year-old woman was attacked Tuesday night in the women's washroom.

At 11:15 p.m., the lights went out in the washroom and the victim said she was grabbed from behind and held by a man wearing a mask. She screamed and struggled, breaking free.

Her screams alerted YMCA staff and tenants, who called 9-1-1 and held a suspect till police got there.

"She wasn't physically hurt. Obviously, it was traumatic," Halifax Regional Police Const. Jeff Carr said.

Khalid Alharbi, 19, appeared in Halifax provincial court yesterday, charged with assault, forcible confinement and wearing a disguise.

Both the victim and the suspect were residents of the YMCA's student dormitory, which houses about 20 people. Each resident shares a washroom, a kitchen and laundry facilities with the others.



A 19-year-old man is charged with assault, forcible confinement and wearing a disguise after he allegedly attacked a 24-year-old woman Tuesday night at the YMCA student residence on South Park Street.

Bette Watson-Borg, president of the YMCA of Halifax-Dartmouth, said yesterday the Y will move quickly to put keypad security locks on its common washrooms, to ensure male residents can't get into the women's washroom.

"We're taking it very seriously," Watson-Borg said.

"We work really hard to provide a safe environment."

She wasn't sure how long the suspect had lived in the building.

Residents apply to get in-

to the building, and pay \$400 a month rent. The YMCA doesn't house transients anymore, Watson-Borg said.

She thanked police for arriving so quickly, and said the victim went to her regular classes yesterday morning.

Fund a Tory election prop: Opposition

PAUL MCLEOD
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POLITICS Opposition parties accused the government of creating a \$175-million, pre-election slush fund yesterday.

The Liberals and NDP struck back at the Tories' Tuesday announcement that it would be topping up the Industrial Expansion Fund with \$175 million.

"The government knows that it is the only fund with virtually no controls and when they want to spend a lot of money quickly it's the industrial expansion fund that they turn to," NDP MLA Graham Steele said.

The fund allows the government to lend out money to businesses, usually to be repaid later. Both opposition parties said the government should instead be encouraging investment through the Nova Scotia Business Inc.

The NDP have instead proposed a 10 per cent manufacturing tax credit.

"Government has a very sorry record when it comes to picking winners and losers, and a great deal of money has been wasted in the past throwing money after failing companies and failing industries. A broad-based tax credit is just a better way to go," Steele said.

Economic and Rural Development Minister Murray Scott defended the fund, saying the opposition would scream if businesses were allowed to fail.

"It's politics. The Liberals who were in power used the IEF. The NDP, it's pretty obvious to me, they are not business-friendly," Scott said.

"A lot of these programs, tax credits and all that, would not help these companies today. These companies are in trouble today and they need help now."

Scott praised Nova Scotia Business Inc. for being proactive, but said the government also needs to be reactive to help struggling businesses.

The NDP also pointed out that the three largest fund top ups in the last twenty years were in 1993, 1999 and 2006 — all election years. Smaller top-ups occurred in 1994, 1995 and 1997.

News in brief

SEAL HUNT Sealers harvested 200 grey seals Monday on Hay Island, a week after saying the hunt may not proceed this year because there was no buyer for the pelts. But a new purchaser was found, and the sealers may return to the island if they find a market for more pelts. **METRO HALIFAX**

metronews.ca
WHAT'S ONLINE TODAY

Analysis Criminologist suspects a drug market recession is behind surge of B.C. gang violence at metronews.ca/canada

Video Obamamania washes over Ottawa and Ignatieff is upset over restrictions placed on his meeting with the president at metronews.ca/canada



Lotteries

Lotto 6/49: 11, 17, 34, 37, 41 & 49. Bonus 5
These results are not official.

On-ramp to nowhere being torn down

JON TATTRE
for Metro Halifax

Halifax residents near the MacKay Bridge are bracing for 24-hour-a-day construction this weekend as work to remove the "road to nowhere" steps up.

Things will start off gently enough for Feb. 20 to 23, said Jon Eppell, bridge engineer for the Halifax-Dartmouth Bridge Commission. "It'll just be cranes lifting steel beams, generators for welding, and there might be a little bit of hammering."

Next weekend, they're cranking up the volume. "(Residents) can expect to hear concrete breaking, with excavators breaking away the concrete — that's a 'bang-bang-bang' sound," he said.

Eppell said the noise shouldn't be any worse than what residents have



Construction crews continue working to remove Structure 9, the unused ramp near the MacKay Bridge, on Tuesday. Crews will be working 24 hours a day this weekend and next on the project.

been putting up with while the "K-ramp" comes down, except it will be around the clock. The Barrington Street entrance/ex-

it ramps and the Windsor/Robie to Barrington ramp will be closed from 7 p.m. Friday until 5:30 a.m. Monday.

The two roads below the ramp are city-owned, and the city only gave the bridge commission permission to close the roads for two weekends.

"We have tried to be very sensitive to this and compress the schedule as much as we can to limit how many weekends, days and nights we're going to be affecting people," Eppell said.

He added the commission is trying to strike a balance between inconveniencing neighbours and causing problems for the motorists who use the bridge. "We'll try to stay out of the way as much as possible."

With snow on the way and freezing temperatures expected, it's not going to be a fun weekend for the work crews, either. If weather shuts down operations, it will be bumped to the March 6 to 9 weekend.

Halifax actor brings Da Kink home

Cast of popular Global TV show brings 'Kink Cam' to city's hair salons

JON TATTIE
for Metro Halifax



Da Kink in My Hair is taking the salon on the road. The stars of the popular Global TV show, set in a Jamaican-run hairdressers in Toronto, are bringing the "Kink Cam" to visit real-life hairdressers across the country.

"We're here to connect with our fans. We're going into barber shops, hair-dressing salons, schools," Trey Anthony said yesterday. The England-born comedienne and actor wrote Da Kink in My Hair as a play before it was turned into a TV show on Global.

"It's great being on the show and seeing so many different aspects of the Toronto culture, and then to come back here and see how receptive people are to the show."

Halifax's Eli Goree

"Everyone's been really excited to see us," she said. The show, which examines "black 'womyn's' issues," has struck a chord with viewers, she said.

Ordena Stephens stars as Novelette "Letty" Campbell, the Caribbean-Canadian owner of the hair salon. Anthony plays her sister Joy.

Da Kink had a local guide for the Halifax stop of the tour. Newcomer Eli

Goree plays Malik, a 19-year-old sent to work in the salon to keep busy — and out of trouble. Goree, who hosted the CBC show Street Cents and has appeared on Sesame Street, was having a blast introducing his new friends from Toronto to his old friends in Halifax.

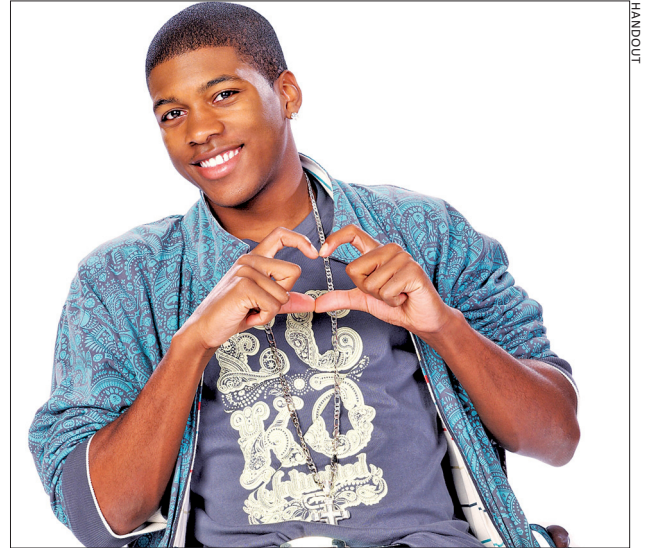
"It's good to be home. We're going around seeing my family and friends," the Halifax na-

tive said. He made sure they brought the Kink Cam to his own barber, Derek at First Cousins. "He's been cutting my hair for years," laughed Goree.

"It's great being on the show and seeing so many different aspects of the Toronto culture, and then to come back here and see how receptive people are to the show."

After a successful first year, Global renewed Da Kink for a second season, which started on Feb. 12. Da Kink airs Thursday nights at 10:30 p.m. AST.

The cast is in Halifax until Sunday and will be at the North Branch library today.



Halifax native Eli Goree was excited to show his castmates from Da Kink in My Hair around his hometown. The stars of the popular show are in town visiting real-life hairdressers and barbers.

Citadel Hill Partaking in some parkour



Ian Duncan vaults over a wall as he and other members of the Halifax parkour community train in front of the Metro Centre yesterday. Local parkour participants meet at the Citadel Hill clock tower three times a week: Wednesday and Friday at 3 p.m. and Sunday at noon.

Inquiry into death of Tasered man begins

RACHEL BOOMER
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HEARING Nine groups will have legal standing in the inquiry investigating the death of Howard Hyde, who died after being Tasered by police more than a year ago.

Hyde, 45, was schizophrenic. On Nov. 22, 2007, he assaulted his wife, was arrested and taken to Halifax Regional Police cells. His family has argued he should have been taken to

the Nova Scotia Hospital instead.

During a struggle, police Tasered him twice, and he was rushed to hospital. He was cleared, but then died 30 hours later.

Yesterday, Judge Anne Derrick held a brief hearing to determine who would get legal standing in the case.

The inquiry will reconvene April 22 to determine preliminary legal matters, but no evidence will be heard until July and August.

Ex-teacher gets conditional sentence for sex assaults on kids

CRIME A former Park West Elementary teacher has been handed a conditional sentence for sexually assaulting two boys in the 1990s.

Scott Gordon Comeau, 39, of Bedford will spend eight months on house arrest and spent another eight months on an 11 p.m. curfew. He's also been ordered to submit a DNA sample to the national database, his name will be added to the national sex-of-

fender registry, and he'll have to complete a sex-offender treatment program. Comeau was sentenced Tuesday. He apologized in court.

The court heard how he lured two boys, both younger than 10, to his home by letting them play video games, then wrestled with them and put one of the boys on his lap. He quit his teaching job last summer and pleaded guilty to the charges. **METRO HALIFAX**

Parents fight to save south-end school

JON TATTIE
for Metro Halifax



SAINT MARY'S Students, staff and families of Saint Mary's Elementary in Halifax are preparing themselves for a second evening of convincing the school board not to close the south-end facility. The school is one of three that may be shut.

"We have a few days to regroup," Cindy Littlefair said yesterday. She's put three of her children through the school and has a fourth attending now.

The public meeting Tuesday night was standing-room only, as about 300 people made the case to keep the 115-pupil school open.

The second meeting has been rescheduled for Tuesday, Feb. 24, at 6 p.m.

"The community was extremely well represented. There were seniors, professors from NSCAD and TUNS (DalTech) and professionals from around the world," Littlefair said.

Closing Saint Mary's would be a "backward" move, she said. "Saint Mary's is an example of what a good number of parents want to do, which is commute with their kids

"They feel very strongly about their school and what it's doing for their students."

Irvine Carvery, school board chairman

to their place of work."

She's asking the board to give Saint Mary's a few years to prove its worth.

School board chairman Irvine Carvery said he was "quite impressed" by the meeting. "They feel very strongly about their school and what it's doing for their students."

He was especially moved by the student presentations. "Obviously, literature is a strong subject at the school."

He noted that it was the previous board that put the school under the axe. "We came into the process, and it's a process we have to see through to the end."

St. Patrick's-Alexandra School, a north-end Halifax school, and Alderney Elementary School in Dartmouth are also being reviewed. Public meetings for those schools have finished and the board is to hold its final vote on all three by the end of March.

News in brief

ACCIDENT Three women were injured when their vehicle flipped over on Highway 102 yesterday morning. The accident happened at 8:45 a.m. near the Kearney Lake

Road interchange. The women, who were not named, were all in their early 20s. Two suffered minor injuries and a third had serious, non-life-threatening injuries. **METRO HALIFAX**

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Halifax

Bayers Lake Power Centre

6100 Young St.

5657 Spring Garden Rd.

1668 Barrington St.

740 Bedford Hwy. W

New Glasgow

Aberdeen Shopping Centre

New Minas

County Fair Mall

Port Hawkesbury

47 Paint St.

Sydney

Mayflower Mall

Halifax Shopping Centre

337 Welton St.

Truro

245 Robie St.

Windsor

Fort Edward Mall

Yarmouth

Yarmouth Mall

NEWFOUNDLAND LABRADOR

Carbonear

Trinity Conception Square

Clarenville

Random Square Shopping Mall

Corner Brook

Corner Brook Plaza

69 Broadway Rd.

Gander

Gander Mall

Grand Falls-Windsor

Exploits Valley Mall

Marystown

Peninsula Mall

St. John's/Mount Pearl

Avalon Mall

The Village Shopping Centre

336 Freshwater Rd.

55 Kelsey Dr.

35 Stavanger Dr.

NEW BRUNSWICK

Bathurst

Place Bathurst Mall

Campbelton

Sugar Loaf Mall

Edmundston

121 rue de L'Église

Fredericton

Regent Mall

Grand Falls

Grand Falls Shopping Centre

Miramichi

Bridgeview Plaza

Moncton/Dieppe/Riverview

Champlain Place

Wheeler Park Power Centre

33 Mapleton Rd.

535 Coverdale Rd.

106 - 451 Paul St.

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Quebec doctors say they're seeing an increasing number of pregnant women from other countries visiting Montreal on vacation just to deliver their babies, a strategy known as "baby touring." The practice is promoted on some international websites and blogs as a way to get automatic Canadian citizenship for children. **CBC NEWS ONLINE**

'Baby touring' on the rise, doctors say

Canada



Meat-packing dispute looming?

A U.S. proposal for unofficial changes to country-of-origin labels on meat sold in U.S. stores may re-ignite a cattle trade dispute with Canada, two farm lobbyists said yesterday. Canada shelved a World Trade Organization complaint last month in the belief that U.S. rules would give packers more flexibility. It had charged the U.S. labelling law was a trade barrier that depressed prices for Canadian livestock.

REUTERS

15 minutes at the airport for Iggy

OBAMA Liberals are accusing Prime Minister Stephen Harper of snubbing Michael Ignatieff after it emerged that President Barack Obama's traditional meeting with the parliamentary Opposition leader has been relegated to a 15-minute chat in a holding room at the Ottawa airport.

Ignatieff complained yesterday about the quickie nature of the meeting with the president.

The Liberal leader said he should get at least 20 minutes with Obama, which he said was the length of the meeting that Harper, then Opposition leader, had with George W. Bush in Ottawa in 2004.

TORSTAR NEWS SERVICE

News in brief

NAFTA Critics of the North American Free Trade Agreement say they do not expect U.S. President Barack Obama to leave Ottawa today with a blueprint to fulfill his promise to renegotiate the pact. While NAFTA is on the agenda for the visit with Prime Minister Stephen Harper, the short sessions will allow little time for detailed discussion.

REUTERS

Protectionism risky: Harper

Move threatens worldwide depression, PM tells U.S. TV audience

Obama's Visit

On the eve of a visit by U.S. President Barack Obama, Prime Minister Stephen Harper has warned Americans that protectionist moves on trade risk a worldwide depression.

"This is a huge risk to the world right now. If there is one thing that could turn a recession into a depression, it is protectionist measures across the world," Harper said in an interview with CNN yesterday.

With Obama making a highly anticipated visit to Ottawa today, Harper used his interview to deliver a pointed message to an American audience, saying that the "Buy American" provisions in the U.S. stimulus package "have been a concern worldwide."

"Part of the reason we're all committed to co-ordinated stimulus is we want to stimulate the global economy. We're in a global economy, not just our national economies," he told CNN's The Situation Room with Wolf Blitzer.

While Harper said he



A pedestrian in Ottawa yesterday walks past a poster of U.S. President Barack Obama, in advance of his visit. Prime Minister Stephen Harper gave an interview on CNN yesterday in which he told Americans that "Buy American" policies threaten the global economy. Trade is expected to be discussed today when Obama and Harper meet for the first time.

was encouraged by Obama's reassurances that the U.S. would live up to its international trade treaties, he said Ottawa would carefully watch the implementation of the stimulus package.

Harper also sounded a caution on the North American Free Trade Agreement, which Obama had threatened to reopen during his election run.

"It's a fine line between looking at ways to make it

work better, and actually starting to open the agreement. I think if you actually open the agreement, I think you would get into a negotiation that would never terminate," he said.

TORSTAR NEWS SERVICE

Activists decry tarsands oil ahead of Obama visit

PROTEST Greenpeace activists scaled a bridge in Ottawa yesterday and unfurled two large banners urging U.S. President Barack Obama to take a tough stand on Canada's huge oilsands when he visits today.

"Climate Leaders Don't Buy Tar Sands," read one of the banners, which faced toward Parliament.

The oilsands represent the largest reserves outside of the Middle East, but extracting the heavy crude from the sands releases enormous amounts of greenhouse gases, blamed for global warming.

Obama — who has vowed to spend billions developing cleaner sources of energy — is due to spend a few hours in Parliament while in Ottawa on his first foreign visit since taking power last month.

"President Obama and the American public need to know that tarsands produce the dirtiest oil on Earth ... the tarsands are an international global warming disaster," said Mike Hudema of Greenpeace.

The problem for Obama is that Canada is the largest single supplier of energy to the United States. Canadian oil production last year was 2.75 million barrels a day, of which the oilsands accounted for just under half.

REUTERS

Banner

- The large banner discouraging tarsands usage was removed from Alexandra Bridge by the activists about an hour and a half after police arrived.

CBC NEWS

Oilsands a 'wild card': NASA scientist

ENVIRONMENT Canada's oilsands are an environmental "wild card," NASA's James Hansen said in an interview before President Barack Obama's trip to Ottawa, where energy and climate change will be on the agenda.

As director of the U.S. space agency's Goddard Institute for Space Studies in New York City, Hansen has long opposed the burn-

ing of oil, gas and coal for their contribution to global warming.

And he really objects to the burning of fuels gleaned from tar shale and tarsands in western Canada.

"If we burn all the conventional fuels — oil, gas and coal — we would be heading the planet to eventually an ice-free state," Hansen said yesterday.

REUTERS



Halifax Regional Police is pleased to join all Nova Scotians in celebrating the 25th Anniversary of African Heritage Month. Together, we will continue to make progress.



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Dolphins trapped by ice in Newfoundland

People in the Newfoundland community of Seal Cove said yesterday they are afraid that if help doesn't arrive soon, five dolphins trapped by ice will drown. The mammals swam into the harbour four days ago and now they can't get back to the ocean. **CBC NEWS ONLINE**

canada 7

ANDY CLARK/REUTERS



A statue of English mariner Captain George Vancouver frames the Olympic flag in Vancouver yesterday.

New deal for Olympic Village

The City of Vancouver will finance the entire \$1-billion Olympic Village development after purchasing a \$750-million loan agreement from New York-based Fortress Investment Group yesterday morning.

Vancouver Mayor Gregor Robertson said the deal gives the city the best return on its investment and allows it to focus on getting the village ready in time for the Games.

"We have gone from a deal that was clearly not in the interests of taxpay-

ers," Robertson said, "to an agreement that puts Vancouver's taxpayers first."

During a special council meeting yesterday morning, city manager Penny Ballem informed councillors that an hour earlier, the city had transferred

\$319 million to Fortress to "purchase" the loan.

The amount represents the money that Fortress loaned project developer Millennium, as well as a \$4-million early repayment fee.

JEFF HODSON/
METRO CANADA

Cockfighting tip leads to arrest of 70 in Ontario

CRUELTY A couple from East Gwillimbury, Ont., and 68 others were charged Saturday with a variety of animal cruelty and illegal betting offences after police and humane society officials raided a farm following a tip about cockfighting being held there. Thousands of dollars in cash were also seized, police said.

"It's a heinous crime," York Region Police Det. Sgt. Dieter Boeheim said yesterday. "We were quite disgusted by the sight. It was horrendous."

Six fighting roosters were found dead at the scene and a further 74 were seized and ordered destroyed by a justice of the peace, as mandated under Canada's Criminal Code. A veterinarian euthanized the birds on Sunday.

As many as a dozen similar rings have been broken up across Ontario in the last decade, Williams said.

Danilo Patawaran, 52, and Deanna Patawaran, 46, were each charged with injuring or endangering animals, causing unnecessary suffering, keeping a cockpit and keeping a betting house. Police allege they organized the event.

TORSTAR NEWS SERVICE

Muggings on the rise in Edmonton

WARNING An alarming rise in number of personal robberies so far this year in Edmonton has made the city's top cop ask for public help.

Personal robberies have shot up as high as 31 per cent in 2009 so far, and police Chief Mike Boyd says people must do more to protecting themselves. He says people are leaving themselves vulnerable at night by exposing electronics in robbery "hotspots" like bus terminals.

METRO CANADA

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8

An infant boy was married off to his neighbours' dog in Bhubaneswar, India, by villagers who said it will stop the groom from being killed by wild animals, officials said yesterday. **REUTERS**

Infant boy married off to dog to ward off tiger attacks

World

Baby buying charges laid

Brother says U.S. couple held in Egypt suffered infertility

A U.S. couple held in Egypt on charges of buying two newborn babies — a boy and a girl — had long suffered from infertility and dreamed of children who would share their mother's Egyptian heritage, a family member said.

The couple, Louis Andros and Iris Botros, travelled to Egypt last year to adopt the infants and bring them to their home in North Carolina, where they own a Greek restaurant.

They did not realize

there was no legal way for them to adopt in Egypt, the family member said.

"They were so happy. They were crazy happy," Shawn Botros, Iris' brother, said in a telephone interview.

"Somebody called them from Egypt ... and said, 'We found kids for you to adopt.' She (Iris) went to Egypt. She didn't do any research.

"She is the type of person who does not think ahead of the situation ... They called me from Egypt, they were so happy.

"They were so happy. They were crazy happy."

Shawn Botros, family member

They got the kids. The kids were beautiful."

The couple named the children Alexander and Victoria, and Louis referred to the baby girl as his "little princess."

Then everything changed.

The couple was arrested

and jailed in Egypt, charged with buying the children and obtaining forged birth certificates.

Their lawyer, Sameh Ahmed Saleh, said the pair had been in contact with an official from a Christian orphanage who Iris believed would help them adopt the three-month-old babies. He said the woman, Mariam Rizkallah, had given the couple forged birth certificates listing Iris and Louis as the parents.

Rizkallah is also in jail, awaiting trial in the same case. **REUTERS**

Allies hit over Afghan opium trade

DRUGS Afghanistan's allies can and must do more to combat the smuggling of chemicals used to make heroin into Afghanistan, the world's largest opium producer and exporter, the counter narcotics minister said yesterday.

"Let's work together against precursors," General Khodaidad told an international security conference, referring to chemicals used to turn opium into highly addictive heroin.

"Sixty-two intelligence agencies are active in Afghanistan, and we still cannot find the bad people! They are not doing their job very well," he said.

Afghanistan's poppy fields produce most of the world's opium, but Afghan officials say drug traffickers are increasingly using chemicals to convert it into heroin before it is shipped abroad, producing greater profits. **REUTERS**

Brussels Faceless protest



Peace activists and Czech mayors hold banners to protest against the U.S. missile shield program during a march in front of the EU parliament in Brussels yesterday. The U.S. wants to install the radar system in Poland and the Czech Republic to counter "rogue" states such as Iran.

No support for pro-choice: Pope

POLITICS Pope Benedict, underscoring the Vatican's ruling on an issue that divides Americans, told U.S. House Speaker Nancy Pelosi yesterday that Catholic politicians and legislators cannot back abortion rights.

Pelosi, a powerful U.S. politician who is Catholic and pro-choice, has been accused by U.S. bishops in the past of misrepresenting Church teachings on abortion. **REUTERS**

News in brief

MIDDLE EAST Israel decided yesterday against lifting its border blockade of the Gaza Strip until Hamas agreed to the release of a captured Israeli soldier, putting a ceasefire proposal by Egypt on hold, Reuters reports.

U.K. The jury in the trial of eight men accused of conspiring to murder by blowing up transatlantic airliners has been discharged for "legal reasons," BBC News Online reports. A new jury will be sworn in at a later date. **METRO NEWS SERVICES**

Lawyers argue over torture centre footage

CAMBODIA Lawyers at the trial of Pol Pot's chief torturer argued yesterday over the admissibility of footage taken by Vietnamese soldiers inside his torture centre after they ousted the Khmer Rouge from power in Cambodia in 1979.

Lawyers for Duch, chief of the S-21 interrogation

centre in Phnom Peng where at least 14,000 "enemies of the revolution" were killed, said they were shocked at the prosecution's last-minute bid to use the film as evidence against their client.

"We absolutely object to the submission of the footage," Duch's Cambodian lawyer, Kar Savuth, told

the court set up to prosecute those most responsible for the deaths of 1.7 million people during the 1975-79 Khmer Rouge era.

The joint United Nations-Cambodian tribunal was adjourned yesterday after a two-day hearing dominated by procedural issues ahead of a trial in March. **REUTERS**

Grim images

• The seven-minute, black-and-white film shot by a Vietnamese army film crew days after their troops drove Pol Pot's fighters from Phnom Penh shows the bodies of emaciated inmates, some of them still in chains.

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Comment

Obligation not celebration

Home&Abroad

Andrew
Cohen

Canada & world insight

Barack Obama comes to Ottawa today, and you have to wonder why. He will see nothing of the capital and the capital will see nothing of him.

This supernova will be little more than a flash across our northern sky. His visit is as perfunctory as a campaign stop. The tone and timing is more about domestic politics and presidential logistics than bilateral relations.

Why leave Washington at all? For all that he and Stephen Harper are doing in public today, they could have talked over a webcam. Or a BlackBerry.

The answer is this visit is more obligation than celebration. The U.S. president thinks he should make his first foreign trip to Canada, which isn't necessarily the tradition, but is still something we should honour and appreciate.

Sadly, the visit isn't a celebration of a successful relationship between peoples who are more alike than any two on Earth. After the unpopular George W. Bush, it is an opportunity for renewal, and both countries should have waited until it could be done right.

The truth is there is nothing that compels a president to visit Canada to-

day, in the midst of an economic crisis. When Americans think of Canada, there is "no fierce urgency of now."

Simply put, Obama is coming to Canada because it is convenient. It allows him to say that he came here to meet his counterpart, exchange pleasantries, do some business and fly home for supper.

It also allows his inexperienced White House to test things before he makes a serious visit abroad. In that sense, Canada is Obama's shakedown cruise.

Because he frets that Americans will think he isn't taking care of business at home, this isn't a state visit. He won't stay overnight. He won't bring his wife. He won't sip champagne at a banquet with

Obama's Visit

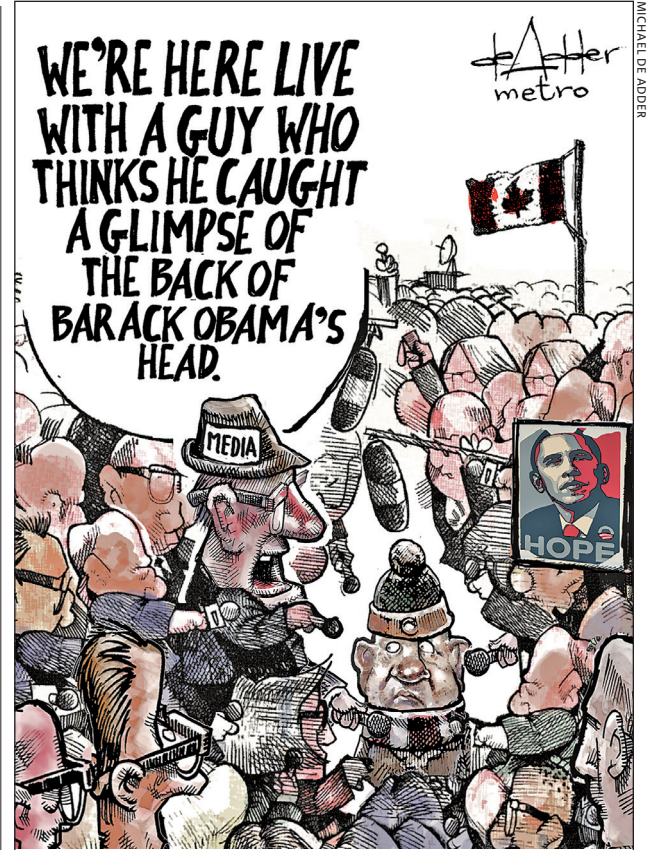
the Governor General (who, desperate to see him, will appear at the airport).

Most important, the U.S. president won't address Parliament. He wants his first major speech to be to Congress later this month.

For his part, Harper knows that Obama is much more popular than he is. He knows the U.S. president will challenge him on the environment. And he worries Obama could emerge as a third force in Canadian politics, aligning himself with the opposition here.

So, a lightning visit by a phantom president discharging a diplomatic duty suits Prime Minister Harper as much as it does President Obama. Canadians are the losers.

Andrew Cohen, a professor and journalist, is the author of *Extraordinary Canadians*: Lester B. Pearson.



Letters

Getting high makes you more careful, says study

Another one of the overhyped stereotypes around marijuana users has just bitten the dust. For years people assumed getting "stoned" made you either lazy or careless. But what if marijuana use actually made you more careful and less likely to screw up and hurt yourself?

A new Swiss study published at Bio-Med Central concludes exactly that. Marijuana can protect you from injury. The study compared injuries that required hospitalization. The authors' conclusions were surprising. Marijuana use is not associated with increased risk of injury — marijuana users actually get injured less than sober people. "The results for cannabis use were quite surprising. The present study in fact indicated a protective effect of cannabis use in a dose-response relationship."

"Great news," proclaimed Prince of Pot Marc Emery. "We've said for years that marijuana users are responsible and productive members of society."

The authors of the study agreed, speculating that the effects of marijuana, in con-

trast to alcohol, make you more likely to avoid risky situations.

JACOB HUNTER, VANCOUVER

Helping children survive

We can't imagine several hundred Canadian preschool children dying every single day, can we? Unfortunately, this is the situation in many other regions of the world. According to UNICEF, 9.2 million children under the age of five, or 25,000, succumb daily to a host of health challenges. The causes of death vary, but the root cause is almost always extreme poverty.

Canada has been a leader in providing basic immunizations in countries around the world, and the single largest distributor of insecticide to treat bed nets. These targeted realizations are praiseworthy, but they don't seriously fight extreme poverty. To be more effective in the war against poverty, our country must also work towards the true emergence of our democracy and other democracies in the world.

BRUNO MARQUIS, GATINEAU, QUE.

Views

Canada: A cult with fetish for the past

TheWestView

Paul
Sullivan

Journalist & media consultant

The National Battlefields Commission has cancelled the 250th re-enactment of the Battle of the Plains of Abraham scheduled for this coming August.

I don't know whether to laugh or cry.

First, I didn't know some of the few taxpayer dollars I have left go to something called The National Battlefields Commission, and have, apparently, since 1908.

Second, call me crazy, but is it a good idea to rub salt in what is still a raw wound in the body politic of what was New France? It would be like the good people of Man-

itoba and Saskatchewan re-enacting the hanging of Louis Riel. Feelings are still a little raw in this young nation of ours — or, if you prefer — in these young nations of ours. We're not ready to make nice, I guess.

It's hard to tell who's the real villain here: Les Idiots at the Commission who thought it would be swell to have a masked ball and other frivolity to commemorate the defeat of the French and the deaths of opposing generals Wolfe and Montcalm.

Then there's the Réseau de Résistance du Québec, a group of fierce separatists who promised to kick some ass if the re-enactment took place.

Fearing a more authentic replay of the battle than it bargained for, the Commission whipped out the white flag it keeps on hand for such occasions and "Je me Souviens" became "Fuhgedaboudit" quick march.

Feelings are still a little raw in this young nation of ours ... We're not ready to make nice, I guess.

Someone pointed out there was a similar enactment 10 years ago under the Parti Quebecois and nobody complained. I guess it's OK to re-stage your own defeat, but it hurts when les maudits Tories try it.

Moi, I think they should indeed re-enact the Battle of the Plains of Abraham, but I think they should hold it at night, because much of what happens in Canada involving the Two Solitudes reminds me of these lines from the great Matthew Arnold poem Dover Beach, one of the saddest in any official language:

"Ah, love, let us be true
To one another! for the world, which seems
To lie before us like a land
of dreams,

So various, so beautiful,
so new,
Hath really neither joy,
nor love, nor light,
Nor certitude, nor peace,
nor help for pain;
And we are here as on a
darkling plain
Swept with confused
alarms of struggle and
flight,

Where ignorant armies
clash by night."

One day, perhaps in another 250 years, we'll be able to put it all behind us, and build a Canada that is no longer a cult with a fetish for the past. Now that would be worth celebrating.

Paul Sullivan is a Vancouver-based journalist, owner of Sullivan Media consulting, and editor-in-chief of Orato.com, the citizen news website.


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Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

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| | US\$ | \$1.2581 |
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|  | \$34.62 US |
| | \$0.31 |

Auto bankruptcy still viable: Analysts

A government-backed bankruptcy reorganization remains an option for saving General Motors Corp. and Chrysler LLC, analysts said yesterday, even though the automakers have said they would rather not go down that road.

GM and Chrysler asked for billions of dollars more in federal aid Tuesday and announced sweeping changes, including capacity reductions and job cuts.

Some Wall Street analysts were disappointed that the restructuring plans submitted to the U.S. Treasury did not include key concessions from the United Auto Workers union and the automakers' bondholders.

One analyst said that taking the bankruptcy option off the table would reduce the bargaining power of the companies.

GM, which has requested \$16.4 billion US in addi-

"Though likely to be painful near-term, we continue to believe that the challenges to restructuring GM and Chrysler are too complicated to be met outside a bankruptcy." David Leiker, analyst

tional loans from the U.S. government for a total of up to \$30 billion, has said it would run out of cash as soon as March without new federal funding.

The request came short-

ly after smaller rival Chrysler asked for another \$5 billion in aid.

GM's request that a sizable chunk of total aid come in the form of preferred equity rather than

debt is a "tacit acknowledgment of the fact that GM may emerge from an out-of-court process as a still highly levered firm," JP Morgan analyst Himanshu Patel said.

David Leiker, analyst with Robert W. Baird, still sees bankruptcy as the best option for a reorganization.

"Though likely to be painful near-term, we continue to believe that the challenges to restructuring

GM and Chrysler are too complicated to be met outside of a bankruptcy," Leiker said.

In its restructuring blueprint, GM estimated that if it were forced to reorganize in a traditional bankruptcy, the tab for the government could touch \$100 billion in bankruptcy financing.

Chrysler estimated that the bill for its bankruptcy could hit \$1,200 per taxpayer. **REUTERS**

IMF may slash forecast again

GROWTH The International Monetary Fund might have to lower its world growth forecasts yet again, with the global economy looking like it might stagnate this year, said IMF chief Dominique Strauss-Kahn. The IMF last month cut its 2009 forecast to 0.5 per cent. Strauss-Kahn said the final figure "could well approach zero." **REUTERS**

The DAILY BUSINESS BUZZ

Transcontinental Media cutting back:

Transcontinental Media will cut some 1,500 jobs and is implementing substantive cost-cutting measures throughout North America, including cancelling or postponing commercial printing projects and magazine advertising placements. In total, the company hopes to cut costs by about \$75 million on an annualized basis, including \$50 million in 2009.

\$2M for Sydney Harbour Dredging Project:

The Department of Transportation and Infrastructure Renewal is giving up to \$2 million to help fund an environmental assessment for the planning and engineering design of the proposed Sydney Harbour Dredging Project.

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Antigua Bank stampede



People seeking to withdraw funds line up outside the Bank of Antigua in Collage yesterday. Bank of Antigua, with three branches in the twin-island state of Antigua and Barbuda, is part of Texas billionaire Allen Stanford's sprawling global business interests but is separate from an Antigua-based offshore affiliate, Stanford International Bank Ltd., at the heart of fraud charges lodged by U.S. regulators. The tycoon was charged with an \$8-billion US fraud on Tuesday.

Obama unveils plan to stem foreclosures

HOUSING U.S. President Barack Obama pledged up to \$275 billion US yesterday to help stem a wave of home foreclosures that sparked the U.S. financial meltdown, the next phase in an effort to lift the country out of recession.

Treasury Secretary Timothy Geithner told reporters he expected the plan to work quickly to help the

Market skepticism

Financial markets reacted skeptically to the plan, with U.S. stock prices trading lower in the early afternoon. The Dow Jones home construction index fell about two per cent after data showed U.S. housing starts and building permits dropped to record lows last month.

housing market, and that it would bolster efforts to restore the financial system to good health.

Obama's strategy has three main components: A \$75-billion fund would subsidize homeowners

struggling to pay their mortgages; housing finance companies Fannie Mae and Freddie Mac may invest a further \$100 billion in mortgages to mop up more home loans and spur fresh lending; and Washington may inject a further \$100 billion into each of the mortgage giants, protecting them against losses. **REUTERS**

Business in brief

ENVIRONMENT A coalition of U.S. investors put companies including Exxon Mobil Corp. and coal miner Massey Energy Co. on a "Climate Watch" list

yesterday, claiming the long-term competitiveness of the firms could be hurt by their lack of action on climate change.

WAL-MART A year and a half after introducing its MoneyCard, Wal-Mart Stores Inc. is slashing the price of the reloadable, prepaid Visa debit

card to \$3 from almost \$9, aiming to attract shoppers who may have grown wary of the pitfalls of credit card use. **REUTERS**

Rogers records \$138M Q4 loss

TELECOM Rogers Communications Inc. posted a quarterly loss yesterday as it took almost \$300 million in impairment charges at its television channels to reflect the impact of the weak economy on advertising revenue.

Rogers' loss totalled \$138 million, or 22 cents a share, in the fourth quarter ended Dec. 31. A year earlier, it posted a profit of \$254 million, or 40 cents a share.

Investors dumped the company's stock, sending it 8.4 per cent lower to \$31.45 on the Toronto Stock Exchange. National Bank Financial analyst Greg MacDonald said this was a result of investor disappointment over demand for such Rogers mobile phone data services as text messaging and Internet browsing. **REUTERS**

Wholesale trade declines by 3.4%

REPORT Canadian wholesale trade dropped 3.4 per cent in December from November, the largest month-over-month decrease for over five years, on lower exports and weaker sales in Canada, Statistics Canada said yesterday.

Analysts had on average predicted a two per cent drop. The fall was the largest since a 5.3 per cent decline in August 2003.

The main driver for the December fall was a 10.4 per cent plunge in the "other products" sector, reflecting declines in agricultural chemical and other farm supplies as well as recyclable metals. **REUTERS**

Report: Griffey to return to Seattle

Ken Griffey Jr. has apparently decided to return to the Seattle Mariners. Reports last night say the deal came after an agreement with the Atlanta Braves fell through. Griffey enjoyed the best years of his career in Seattle, from 1989-99. **METRO NEWS SERVICES**

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Sports



Stegall hangs up the spikes

Winnipeg Blue Bombers receiver Milt Stegall retired yesterday as the CFL's all-time leader for touchdowns (147), TD receptions (144) and career receiving yards (15,153). Stegall, who spent his entire 14-year career with the Bombers, also holds CFL records for most TDs in a season (23 in 2002). The 39-year old will join TSN as an analyst.

METRO NEWS SERVICES

EDITOR: JOHN.CHICK@METRONEWS.CA

Hoops and pucks

John Chick


john.chick@metronews.ca

One leader is an African-American christened by many as a charismatic force for change who plans to turn the White House bowling alley into a basketball court. The other is an Anglo-Canadian maligned by many for stiffness who has been talking about writing a book on hockey history for at least three years.

So let's put aside dealing with the minutia of the worst economic crisis of our lifetime and talk about what Barack Obama and Stephen Harper will likely touch on at some point today — sports — specifically, hockey and basketball.

Sure, one's a Democrat and the other a Conservative, but will they have anything in common sports-wise?

It's hard not to find two sports more vastly different than hockey and basketball. Even though NHL and NBA seasons mirror each other and teams from each league share 10 arenas across North America, the culture of the sports differ greatly.

Hardwood vs. ice. Flair vs. grit. At last count, the NHL was 96.6 per cent Caucasian, while the NBA was 77 per cent black. Just ask

Obama's Visit

certain Maple Leafs fans what they think about the Raptors sometime.

Yet, why does each sport suffer popularity issues in the other country?

In the U.S., the answer is clearer. South of the Mason-Dixon line, hockey has no relevance, mostly because of the absence of ice. It may not have stopped Gary Bettman and the NHL from expanding ad nauseam into the sun/bible/non-hockey belt, but most kids outside

Even money

• Head-to-head, Harper probably spells H-O-R-S-E faster than you can say "Afghanistan." But while lacking a signature move

such as the Shawinigan Handshake, Harper likely gets Obama back in road hockey with a blazing wrist shot.

boards on a large number of driveways.

Yet outside a handful of communities, the game takes a back seat to hockey and paltry TV ratings outside Toronto and other areas help drive the Canadian media's hyperbolic obsession with pucks.

"People can relate to the average hockey player because the athletes come as much from small-town Canada than any large urban centre," says Robert Schinke, associate professor at Laurentian University and co-author of the book *Cultural Sport Psychology*.

The USA's Olympic hockey win over the USSR in 1980 consistently ranks as one of the greatest sporting moments in American history. Plus, it likely paved the way for cinematic masterpieces like *Rocky IV*.

Meanwhile, at the 1983 World University Games in Edmonton, the Canadian men's basketball team stunned a U.S. squad featuring Charles Barkley and Karl Malone en route to a gold medal. Unlike the *Miracle on Ice* stateside, it's barely remembered in Canada, and today, the first five hits of a Google search for "Canada USA basketball 1983" brings up nothing related to the actual event.

But the process of getting

ting basketball back to respectability in Canada is hopefully changing.

"We've taken steps in the right direction," says Toronto Raptors broadcaster and former national team player Sherman Hamilton.

"Nothing's perfect yet because the product's not finished ... but I think it's real-

Hockey upsides



- Alex Ovechkin
- Can usually expect every player to bust their butt
- Stanley Cup much nicer than Larry O'Brien trophy

ly started at the grassroots level."

Like many others, Hamilton concedes there needs to be a bigger financial commitment from both governments and the business community, and then success itself can go a long way.

"Once our players reach maturity they have to win."

B-ball upsides



- Shaquille O'Neal
- Hops, dunks
- Nicknames that don't simply add a 'y' or 'er' to the end of a player's surname

New England, Michigan and Minnesota don't grow up playing it and therefore lack connection to it.

The same can't be said in Canada. It would be impos-

sible to find a school in the country without at least two basketball nets, and an aimless drive through suburbia would find rims and back-



F1 rumours were news to Danica

When auto racing superstar Danica Patrick's name surfaced recently in reports about an all-new Formula One racing team, it was news to her.

"Sexy driver set to be F1's first female in 18 years," said the headline on one of several stories linking the 26-year-old Indy car driver

and Sports Illustrated swimsuit model to a team reportedly being launched next Tuesday in the U.S.

"There weren't any quotes (in the stories) from me," said Patrick yesterday in Toronto, "because they haven't spoken to me. We'll see what they have to say, though. Maybe

they'll call."

Patrick shot to auto racing prominence in 2005 when she won three poles in the Indy car series and came close to winning the pole for the Indianapolis 500.

She started fourth in the 33-car field that year and eventually finished fourth

after becoming the first woman to lead laps in the world's most famous race.

Last year, she became the first woman to win an Indy car race when she beat Helio Castroneves to the checkered flag in the Indy Japan 300 at Twin Ring Motegi speedway in Japan.

TORSTAR NEWS SERVICE



Alex Ovechkin of the Capitals slams in to Canadiens goaltender Carey Price after scoring last night.

Caps shoot down Habs

NHL RESULT

Capitals 4 Canadiens 3 (SO)



Alexei-gate

• According to TSN, Alexei Kovalev denied rumours that were circulated yesterday that he expects to be traded by the Canadiens.

Alexander Semin picked up the game-winner in the shootout as Washington nipped Montreal 4-3 in D.C. last night.

On the first shot of the shootout, Carey Price appeared to have stopped Semin, but the puck fell out of his pads and into the net as Price slid backwards. Tomas Plekanec failed on Montreal's first shot, then Nicklas Backstrom froze Price and scored to the far post to start the second round. Alex Ovechkin, Backstrom and David

Steckel scored in regulation for the Capitals, who have won three in a row and four of five.

Chris Higgins, Andrei Kostitsyn and Plekanec lit the lamp for the Canadiens, who suffered their sixth defeat in seven games. Markov assisted on all three goals while Price took the loss despite a 32-save performance.

Montreal lost in its first game without Alex Kovalev, sent home by general manager Bob Gainey on Tuesday. **METRO NEWS SERVICES**

Raptors Outclassed by Cavs



Shawn Marion is guarded by Zydrunas Ilgauskas and Anderson Varejao last night. The Raps lost 93-76, with LeBron James coming up just short of a triple-double and Jay Triano ejected in the fourth quarter. Chris Bosh sat out his fifth game in a row with a sprained right knee. For a full recap, visit metronews.ca/sports.

TONY BOCK/TORSTAR NEWS SERVICE

Two Tiger teams at national swimming championships
The Dalhousie Tigers women's swim team enters the Canadian Interuniversity Sport championships in Vancouver today ranked 10th in the nation. The men's team enters unranked. Both squads dominated the Atlantic University Sport championships. **METRO HALIFAX**

Tigers burn bright against Huskies

MATTHEW WUEST
matthew.wuest@metronews.ca



The Dalhousie Tigers are all but forgotten as a national contender, but they quietly reasserted themselves last night.

The Tigers, who didn't get a single vote in this week's national ranking, beat the Saint Mary's Huskies 69-63 in Atlantic University Sport men's basketball action at Dalplex. It was their most notable victory since November.

With only three games left in the regular season, the Tigers — who have bobbled around the bottom of the national ranking all season — are hoping the win is a turning point.

"We're still a pretty good team," said Tigers forward Germain Bendegue. "We've lost some games, but as a team, we have to believe we're good, and we do. Rankings don't mean anything. We know what we are and that's what's important."

Bendegue, a six-foot-six

Women's action

- The Dalhousie Tigers continue to shine with the Atlantic University Sport women's basketball championship right around the corner at Dalplex starting Feb. 27.

- The Tigers, who are chasing their first AUS title since 2001, dumped the Saint Mary's Huskies 80-51 last night on home court to win for the 14th time in the past 16 games.

- They're tied for second at 14-5 with one game left in the regular season on Sunday on the road against St. Francis Xavier.

forward in his fifth season, had a 19-point, 14-rebound effort as the Tigers beat their south-end rival for the first time in two full years. Third-year guard Simon Farine added 20 points, eight rebounds and five assists.

The Tigers led by just one point at halftime, but went on a 12-0 run in the third quarter to get separation on the Huskies. Farine drained



Dalhousie Tigers forward Robert Nortmann, left, and Saint Mary's Huskies forward Simon Marr fight for a loose ball during the first half of last night's AUS game at the Dalplex.

10 of his points in that frame and the Huskies didn't come closer than four

points the rest of the way. Joey Haywood was just about the only bright spot

for the third-place Huskies (11-7) with a game-high 28 points.

"Rankings don't mean anything."

Germain Bendegue

Third-place Dal is 10-7, but has been inconsistent, particularly in the second half. The six-foot-three Farine described the Tigers' problems as "a whole bunch of everything."

"We weren't executing well, we were turning the ball over too much, and playing too soft," said Farine, who averages 17.7 points per game. "SMU's a physical team and we matched them blow for blow. Beating them gets us back on track."

If the Tigers really want to get back on the national radar, keeping things rolling against first-place St. Francis Xavier on Sunday in Antigonish would help. So would beating the Huskies in the final game of the season on Feb. 28.

"Hopefully, we can build off this," said Farine. "We want to get a win at X and keep it going in the playoffs."

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Crowds down at Mooseheads games

The Halifax Mooseheads' average attendance is on pace to be the lowest in 11 seasons. With seven home games to go, the Herd is averaging crowds of 6,430. The team hasn't averaged fewer than 7,340 since 1997-98, when it averaged 6,428. **METRO HALIFAX**

Axemen win series opener

HOCKEY Bedford's Tyler Whitehead scored twice as the Acadia Axemen drew first blood in the Atlantic University Sport best-of-three men's hockey quarter-finals last night.

Acadia earned a 5-4 win over the host St. Francis Xavier X-Men, getting singles from Zack Firlotte, Jamie Klie and Paul Kurceba. Chris Hult had a goal and an assist for St. F.X.

In the other quarter-final last night, the host Moncton Eagles Bleus thumped the P.E.I. Panthers 8-4 in Game 1.

The Saint Mary's Huskies are currently idle with a bye to the semifinals. They will face the highest seeded quarter-final winner starting next week.

METRO HALIFAX**Sports in brief**

UNIVERSIADE Saint Mary's Huskies forward Kori Cheverie had a goal and an assist to lead Canada to an 11-0 victory over Great Britain in women's hockey action yesterday at the 24th Winter Universiade in Harbin, China. Cheverie and Team Canada play today against Finland.

METRO HALIFAX

'Clock is counting down'

MATTHEW WUEST
matthew.wuest@metronews.ca

If the Halifax Mooseheads are going to scratch and claw their way out of the QMJHL basement, it's now or never.

The last-place Mooseheads kick off a pivotal five-game homestand tonight at 7 p.m. at the Metro Centre against the Saint John Sea Dogs.

Only 11 games remain in the season, and Halifax is three points out of a play-off spot.

"The clock is counting down and we've got to get some points," said Mooseheads head coach Cam Russell. "We're within striking range now and every game counts. We're focused on the Saint John game right now, but we know when you have (a homestand), you've got to take advantage of it."

Halifax (16-35-6, 38 points) must pass Lewiston (40 points) and Baie-Comeau (41 points) to clinch a playoff spot.

The good news is that the Sea Dogs are one of on-



Gerrard Grant, 18, has been playing on the Mooseheads' top line in recent games, replacing Gabriel Desjardins.

ly two teams in the league that the Mooseheads have a winning record against. They're 3-2 in five matchups with Saint John. The only other team they've bettered this sea-

son is Victoriaville.

• Gerrard Grant is the latest player to skate through the revolving door on the Mooseheads' top offensive line.

The 18-year-old forward

"We're within striking range now and every game counts."

Mooseheads coach Cam Russell

from Halifax has lined up with Czech snipers Jan Stransky and Tomas Knotek recently, replacing 16-year-old rookie Gabriel Desjardins, who replaced 19-year-old Yuri Cheremetiev. It has been a good fit.

Grant, a five-foot-11 168-pounder and a seventh-round draft pick in 2007, has 18 points in 53 games as a rookie, including four goals and two assists in his past seven outings.

"He's looked really good," Russell said. "He's a guy with really good vision and composure with the puck, and he really complements those skilled guys."

• Mooseheads forwards Matt Boland and Jessyko Bernard could miss tonight's game with shoulder injuries.

SCOREBOARD**QMJHL**

| | W | L | OT | P |
|---------------|----|----|----|----|
| x-Moncton | 42 | 10 | 6 | 90 |
| x-Cape Breton | 40 | 16 | 2 | 82 |
| Saint John | 28 | 25 | 4 | 60 |
| Bathurst | 20 | 26 | 12 | 52 |
| P.E.I. | 20 | 28 | 9 | 49 |
| HALIFAX | 16 | 35 | 6 | 38 |

YESTERDAY'S RESULTS

Cape Breton 7 Montreal 1
Moncton 3 Lewiston 1
Rimouski 5 Baie-Comeau 4 (OT)

TODAY'S GAMES

Saint John at HALIFAX
Shawinigan at Cape Breton
Drummondville at Val-d'Or

PBL

| | W | L | PCT |
|------------|----|---|------|
| Manchester | 10 | 3 | .769 |
| HALIFAX | 8 | 6 | .571 |
| Vermont | 7 | 6 | .538 |
| Montreal | 3 | 6 | .333 |
| Quebec | 3 | 8 | .273 |

TOMORROW'S GAME

Vermont at HALIFAX

NHL**YESTERDAY'S RESULTS**

Washington 4 Montreal 3 (SO)
Columbus 4 St. Louis 3
Detroit 6 Nashville 2
N.Y. Rangers 3 N.Y. Islanders 1
Los Angeles at Anaheim

NBA**YESTERDAY'S RESULTS**

Cleveland 93 Toronto 76
Charlotte 103 Indiana 94
Chicago 113 Milwaukee 104
Denver 101 Philadelphia 89
Minnesota 111 Miami 104
New Orleans 117 Orlando 85
New Jersey at Dallas
Atlanta at Sacramento
Memphis at Portland
Phoenix at L.A. Clippers
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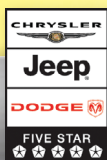
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Metro Homes

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

With the HRTC, is 2009 the year of the reno?

HomeScape

Sylvia Putz

metronews.ca/homescape

Arrgh! The news at the beginning of the month that Ottawa is now offering a Home Renovation Tax Credit (HRTC) left me feeling as if I'd just missed the last boat to financial salvation.

I was just too late. We finished renovations more or less on my old homestead around fall, 2008, but the tax credit applies only to work performed or goods acquired between Jan. 27, 2009 and Feb. 1, 2010.

I started investigating a little more and found that missing out on the tax credit is perhaps not as devastating as I had initially thought. It's worth 15 per cent to a maximum of \$1,350 on a project costing over \$1,000 to a maximum of \$10,000.

OK, so I'll revise my feeling that I "missed the boat to financial salvation" to the much less dramatic notion that I lost the opportunity to get a few bucks back from the government.

But I'm not one to be ungrateful. If you're doing a reno in the next year, and your project costs around the \$10,000 mark, you'll maximize the savings from this particular program, and I'm willing to bet that you'll be a happy camper once the 2009 tax assessments start coming back.

The tax credits apply to "enduring" home improvements, which covers a lot. It can apply to redoing a kitchen, refinishing a basement, installing a new furnace, windows, carpeting, flooring and resurfacing a driveway. The credit does not apply to appliances, furniture or routine maintenance. You can claim the tax credit on a home, cottage or



Thinking of taking advantage of the new tax credit for home renovations? The kitchen is a great place to start.

condo unit owned for personal use. And remember that the work has a deadline; it must be complete before Feb. 1, 2010. Go to cra-arc.gc.ca or fin.gc.ca for more information.

But there are other reasons for good cheer when it comes to contemplating doing renos over the next year. There are several federal departments and levels of government that offer programs that could be financially helpful to you if you are an aspiring renovator, especially if you are undertaking improvements that save on energy or water use in your home.

For example, the EcoEnergy Retrofit Homes Program can save you up to \$5,000 per household. No, it won't contribute money for granite countertops, but it will reimburse you

for projects that involve improving your heating system, ventilation, hot water system, air condi-

Saving options

There are many ways to save money if you're willing to go green:

- In Nova Scotia, check out rebates offered by the province (conservens.ca/consumerinfo/residential).
- Also check out toiletrebate.ca for — you guessed it — toilet replacement rebates available across Canada.

tioning, insulation, air sealing, replacing doors, windows or skylights, or conserving water with toilets that use less water, for example.

But don't just launch into it without taking a look at the requirements. You must first hire a qualified energy advisor to perform an energy evaluation of your home, and the eligible improvements (and eventually, the rebates) flow from this. See ecoaction.gc.ca or phone 1-800-622-6232 to apply or get further information.

There are also a series of provincial and municipal programs that offer rebates. The bottom line is that there may be a lot more government help available than you think that can help defray the costs of doing a reno. It's worth checking.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show *Arresting Design*; sputz@arrestingdesign.com.



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Another Wolfgang Puck recipe is a Gouda Fondue served with chunks of ciabatta, baguette and vegetables for a casual affair you can set up on your coffee table in view of the TV. Provide lots of napkins and nibble and dunk without missing any of the action. **METRO NEWS SERVICES**

Food

Wolfgang Puck made his name in Los Angeles when he opened Spago in 1982. He took pizza to a new level and one of his signature dishes is Smoked Salmon and Caviar Pizza. Barb Holland/for Metro Canada



Recipes

Find Puck's recipes for Gouda Fondue and pizza on wolfgangpuck.com/recipes.

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

Spoonfuls of Oscar glamour

À la carte

Barb Holland

Metro Food Writer



Gather your friends together for the upcoming 81st Annual Academy Awards, otherwise known as the Oscars. To dine like the stars, we look to Chef Wolfgang Puck for inspiration. For 15 consecutive years, Puck has catered the official Oscar party.

For dessert, here is a recipe from *Desserts by the Yard: From Brooklyn to Beverly Hills: Recipes from the Sweetest Life Ever* (Houghton Mifflin, \$45) by Wolfgang Puck, Sherry Yard and Martha Rose Shulman. Brooklyn-born

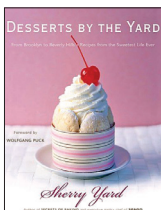
Yard worked her way up to reign as Hollywood and Beverly Hills queen of sweet. As Executive Pastry Chef in Puck's Spago empire, she annually creates 1,700 or so perfect desserts for the Governors Ball following the Oscars.

Chocolate Mousse

To serve hot, place ramekins in preheated 350°F oven and bake for 10 minutes. They will be slightly set on the outside and molten in the middle. Serve immediately. Makes 6 servings.

INGREDIENTS:

- 8 oz (250 g) good quality bittersweet chocolate



The 81st Annual Academy Awards

- 1 1/4 cup (60 ml) brewed espresso
- 2 tbsp (30 ml) Grand Marnier liqueur
- 1 cup (250 ml) whipping (35%) cream
- 2 eggs, separated
- 6 egg whites, at room temperature
- pinch of cream of tartar
- 2 tbsp (30 ml) sugar
- Whipped cream and chocolate shavings (garnish)

METHOD:

Place chocolate in food processor fitted with knife blade; pulse to chop chocolate very fine.

In a small saucepan, combine espresso, Grand Marnier and 2 tbsp (30 ml)

of the cream; bring to a boil. Turn on food processor and add hot liquid with food processor running. Process until chocolate has melted. Scrape down sides. Continue to process until smooth. Add egg yolks and process until blended. Scrape into a large bowl.

In bowl of a standing mixer with whisk attachment (or hand held electric mixer), beat all 8 egg whites on medium speed. When they foam, add cream of tartar and continue to beat on medium speed while slowly adding sugar. Beat until they form medium peaks. Gently fold into chocolate base, in 2 additions.

In same mixer, beat remaining cream until it forms soft peaks. Fold into mousse. Spoon mousse into six ramekins or other serving cups and refrigerate for 2 hours or until set. Serve with whipped cream and chocolate shavings.



Chocolate Mousse.

ate for 2 hours or until set. Serve with whipped cream and chocolate shavings.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

Riding the Recession

Meals for a steal

Micmac Bar & Grill
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Entrees range from \$2.50 (hot dog) to \$18 (18-oz rib steak)

Nobody makes steak like the Micmac. Come to think of it, nobody makes chicken wings, potato skins or chicken fingers like them either. The priciest item on the menu is the Surf & Turf Deluxe, weighing in at \$28. This mammoth seafood meal includes lobster, shrimp, scallops, clams and fish chowder — plus steak, in case you were still hungry.

King Cake reigns supreme at Mardi Gras

TRADITION In Louisiana, Mardi Gras is an exquisite celebration packed with fabulous food, fun times, brilliant colours and lots of tradition. With this delicious king cake recipe inspired by best-selling Louisiana cookbook author, Holly Clegg, you can celebrate Fat Tuesday (Feb. 24) wherever you are.

This sweet, cinnamon bread-like dough is shaped into a big circle, cooked and topped with icing featuring the colours of Mardi Gras: Purple for justice, green for faith and gold for power. In her new book, *Trim&Terrific Gulf Coast Favorites*, Clegg presents this and hundreds of other recipes that celebrate the abundance of fresh seafood and local ingredients that define the cuisine of the Gulf Coast.

King Cake with Cream Cheese Cinnamon Filling
Makes 16 servings.

CAKE INGREDIENTS:

- 2 (8-ounce, 240 g) cans



This sweet, cinnamon bread-like dough is shaped into a circle and topped with icing featuring the colours of Mardi Gras.

- reduced-fat crescent rolls
- 4 ounces (125 ml) reduced-fat cream cheese
- 2 tablespoons (30 ml) confectioners sugar
- 1 teaspoon (5 ml) vanilla extract
- 2 tablespoons (30 ml) butter
- 1/3 cup (80 ml) light brown sugar
- 1 tablespoon (15 ml) ground cinnamon

METHOD:

Preheat oven to 350°F. Coat a 10-inch round pizza pan with nonstick cooking spray.

Separate crescent rolls at perforations, into 16 slices.

Place slices around prepared pan with points in the centre. About halfway down from points, press seams together.

In a mixing bowl, beat cream cheese, confectioners sugar, and vanilla until creamy. Spread on dough in the centre where seams have been pressed together.

In another small bowl, combine butter, brown sugar, and cinnamon with a fork until crumbly. Sprinkle over cream cheese. Fold dough points over filling, then fold bottom of triangle over points forming a circular roll like a

king cake.

Bake for about 20-25 minutes or until golden brown. Cool slightly and drizzle with coloured Mardi Gras Icing.

MARDI GRAS ICING

INGREDIENTS:

- 1 cup (250 ml) confectioners sugar
- 1-2 tablespoons (15-30 ml) skim milk
- 1/2 teaspoon (2 ml) vanilla extract
- Yellow, green, red, and blue food coloring

METHOD:

In a small bowl, combine all ingredients, except food color. Divide mixture into three bowls.

In first bowl, add a few drops of yellow food coloring. In second bowl, add a few drops of green food coloring. In third bowl, add equal amounts of drops of red and blue food coloring (to create purple). Drizzle over baked cake.

METRO NEWS SERVICES

Food in brief

OBAM-AROMA Timothy's now boasts a new premium coffee as unique as the president himself — Timothy's Presidential Blend No. 44. Comprised of the finest coffees from

Kenya, Hawaii and Indonesia, Presidential Blend No. 44 reflects U.S. President Barack Obama's family heritage and personal history. The commemorative new blend

launches in time for President Obama's visit to Canada and will be available at Timothy's World Coffee restaurants across Canada starting today.

METRO NEWS SERVICES



Liquid Assets

Peter Rockwell

liquidassets@eastlink.ca

Cinema sipping

In these trying times nothing beats my recessionary blues like watching rich people prance around in fancy frocks and jewelry worth more than my house.

They'll be plenty of both at the Oscars this Sunday: In honour of the best picture nominees this week I've chosen a liquid inspired by each of their solid performances.

The Curious Case of Benjamin Button: With New Orleans as a backdrop nothing represents this flick better than the Big Easy's own Southern Comfort (\$24.25 - \$25.64). It's great on its own, with cola or stirred into a fruit juice-based Hurricane cocktail.

Frost/Nixon: The now famous interviews took place in California's Orange County. Though far from the wine regions, a bottle of the state's 2006 Dancing Bull Zinfandel (\$11.95 - \$15.96) seems appropriate considering



how Tricky Dick soft-shoed around many of Frost's questions.

Milk: Because it's set in the '70s, and has a fluid name, it seems a no-brainer to go with a White Russian. All you need to make this fern bar favourite is a little Mexican Kahlúa coffee liqueur (\$27.49 - \$29.48), some fresh moo juice and a few cubes of ice.

The Reader: Holocaust movies are Academy Award magnets and this one just might get Kate Winslet a statuette. She plays a German; so a thirst-quenching six-pack of Deutschland lager — typified by DAB Original (\$10.95 - \$11.99) — would taste wunderbar.

Slumdog Millionaire: If I won 20 million rupees I'd drink French champagne like it was water. The 2000 Dom Pérignon (\$215.00 - \$248.00) would be my pick especially since its Hollywood creds date back to Sean Connery's James Bond days. (P.S. My money's on Slumdog.)

Prices reflect the range across the country. Some products may not be available in all provinces.

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

Dupré is the new Lewinsky

Ashley Dupré, the escort involved in the Eliot Spitzer scandal, caused a fracas at New York Fashion Week. She crashed designer Yigal Azrouël's fashion show last Friday and sat in the front row, causing the designer to come apart at the seams in the media. **TORSTAR NEWS SERVICE**

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Style



From Wu who? to Who's Who

When 26-year-old fashion designer Jason Wu realized last month that he had designed what could become the gown of the century — Michelle Obama's white chiffon inaugural ball gown — he must have known his life could change forever. Now the designer's fall 2009 show, held during New York Fashion Week, was one of the most coveted invitations, right up there with Marc Jacobs.

TORSTAR NEWS SERVICE

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Jump into a one-piece

Style File

Kim Elbo

kim.elbo@gmail.com

ask kim

I recently started nursing school and I'm looking for scrubs; where can I go to buy some?

There are several big retail stores that carry health-wear uniforms. Try Sears and Wal-Mart for general and inexpensive scrubs or go to Mark's Work Warehouse for a wide variety in styles and patterns. If you like to keep things fashionable check out Chi Couture Uniforms. They carry comfortable and flattering uniforms that can also be worn outside the hospital. (mychi.ca).

Email your style questions to kim.elbo@gmail.com.

Vancouver's Kim Elbo has a passion for fashion. Here she shares the latest style tips.



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Shop: H&M
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hm.com



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Shop: Mavi
Address: Various locations
mavi.com



Tube Romper
Designer: Lav & Kush
Shop: Vasanji
lavandkush.com



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oldnavy.com



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Jumpsuits

When the weather starts getting warmer, girls will be jumping into these suits. It's all about the one-piece look that designers and buyers have opted for this season. The jumpsuit can look a little too monochromatic, so break up the colour with accessories. Pair your rompers with beautiful braided leather belts or long layered necklaces. Not sure what footwear to match with it? Try a gladiator sandal or a cute cork wedge.

accessory

This week Canadian artist Jeff Hamada will be debuting his Chuck Taylor All-Star shoe he designed for the Converse 1HUND(RED) Artist collaboration series. Ten per cent of the net wholesale price going to the Global Fund, \$70. Available at various retailers (converse.com).



Wraps

The quintessential all-season basic is the wrap. It's an everyday garment you can layer underneath a winter jacket or simply wear as a jacket. It is one of my favourite pieces because it's comfortable and practical. This season, wraps will be seen and worn in neutral colours. When you're out buying a wrap, look for the little design details, such as pockets, hoods and belts.

tip: Clothing moths are dark in colour. If you spot them, air all clothing outside, vacuum the base of the wardrobe, scrub down the walls and check for clothing with holes. (wikihow.com).

11 pluses to a recession-addled Fashion Week

1 Nearly all of fashion has slashed its budgets. That means much better people-watching on the subway.

2 Speaking of transportation, your odds of catching a taxicab between shows and parties just shot up too.

3 High fashion labels are still on sale, so you might actually be able to afford a nicer outfit for that party you want to crash.

4 Hour-long waits for a table at scenery restaurants are a drag, we doubt you'll encounter them.

5 Your H&M finds have never been more pop-



The recession is not all doom and gloom, remember — high fashion labels are still on sale.

ular or accepted.

the runways.

6 You no longer have to feel like the only broke one who can't afford what's coming down

7 You now have a reason to dust off your Miu Miu bag from three seasons ago.

Riding the Recession

8 But if you don't have one, no worries. The It bag is dead, remember?

9 Those parties you were too cool to stay at for more than 10 minutes are now your only opportunity to drink top-shelf-liquor cocktails and — sigh — champagne. That is, if you can get in.

10 You won't be the only one eating those little chicken satay sticks on the party hors d'oeuvres tray.

11 Undone hair is the new do.

METRO WORLD NEWS

Blast from the '80s past

What would a Marc Jacobs show be without controversy?

His fall 2009 runway show on Monday night had to be some sort of record in fashion — the show actually started two minutes before the appointed hour. Jacobs is as famous for his late-starting shows as he is for turning grunge into a Park Avenue fashion trend.

Many seats were still not taken when the door closed, the lights went down, and out came the first model.

One can only imagine the panic-stricken guests left outside.

This was an even more-difficult-than-usual invitation to get this season, because the guest list was slashed from the usual 2,000 or so, down to just 700.

The slashed guest list wasn't the only cost-cutting measure. Gone too were the elaborate sets he normally commissions.

The runway was a simple, wide red carpet lined on each side with a single row of black folding chairs. Everyone was in the front row.

But that's where simplicity ended.

When the first model emerged, she signalled that this was an extraordinary show of extremes and exaggeration.

The hair was shellacked into hair-defying shapes — enormous poufs, fat over-the-moon crimps and towering mohawks.

The boys of Platinum Blonde would have loved it.

TORSTAR NEWS SERVICE

Cover girl

The bosses of herbal health supplement Airborne have offered to hand over \$1 million US to charity if Oscar winners take their product up to the podium with them. The company made the offer to those competing for best actor, best actress, and best supporting actor and actress. [FEMALEFIRST.CO.UK](#)

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

The Associate

Shia LaBeouf is heading to law school — he is to star in a big-screen adaptation of renowned crime author John Grisham's book *The Associate*.

FEMALEFIRST.CO.UK

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Morrissey's new Refusal has edge

Morrissey

Album: Years of Refusal
Label: Polydor/Universal
Rating: ●●●●

THERE'S AN over-the-top melodrama to Morrissey's vocal delivery that you either love or hate. But there's also plenty on his new CD that even Morrissey-haters can appreciate. The former Smiths' frontman has hooked up with an exceptional four-piece crew of garage artists that lends an underlying edge to his hammy emoting. He's even got Jeff Beck providing some superb cowboy/surf riffs on track Black Cloud. Morrissey fans will again call this one of his best in years.

Graham Rockingham/for Metro Canada

Imm Gryner

Album: Goddess
Label: Dead Daisy/Outside
Rating: ●●●●½

WHEN DEALING WITH the dread of a damaged romance during a dreary cold winter, one needs time to be alone to make sense of it all. That's at least the impression left from this songstress' 11th album. Gryner's use of austere piano-based pop noir and stripped-down folk works with all those lyrical images of frozen lakes, skating rinks, the cold weather, burned-out buildings, drawing blood ... Vicious stuff here, tempered only by Gryner's soothing soprano.

Ian Nathanson/for Metro Canada

Years of Refusal is the new album from Morrissey.

Hot Panda

Album: Volcano...Bloody
Label: Mint Records
Rating: ●●●●

HOT PANDA ARE certainly enthusiastic — picture them as mop-topped 10-year-olds, bouncing on a mini trampoline as they play. The Edmonton-based band and its keyboard-driven, danceable indie-pop combine the tem-

MusicReviews

music@metronews.ca

po switch-ups and vocal styles of groups like the Clips and Clap Your Hands Say Yeah!. They push up the rhythmic elements: Onomatopoeia singing, staccato percussion, and oompa basslines drive catchy tracks like Holes and Cold Hands/Chapped Lips. But at times some melodies meander into "fun-time freak-outs," and the band comes off like a goofier, less taut Born Ruffians. The thumping breakdowns, punchy vocals and grooves on tracks like Whale-Headed Girl show us the energy; now the boisterous gang just needs to reign it in.

Rob McMahon/for Metro Canada

more online

Read our review of Winter Hours by Deep Dark Woods at [metronews.ca/music](#).

... And You Will Know Us by the Trail of Dead

Album: The Century of Self
Label: Justice
Rating: ●●●●

AND YOU WILL Know Us By The Trail of Dead are one of those bands you either love or hate. They've amassed a following with their over-the-top epic rock songs, but grandiose guitars and soaring pianos aren't for everyone. Their latest sounds similar to their past releases, but without a major backing them this time around, the group seems freer to expand on their proggy noise-rock sound. If you don't mind six minute-plus tunes and a heavy dose of distortion then this will be a great listen (especially Halcyon Days), but it'll be tough to swallow for everyone else.

Bryan Borzykowski/for Metro Canada

| HA | H | D | B | 7:00 | 7:30 | 8:00 | 8:30 | 9:00 | 9:30 | 10:00 | 10:30 | 11:00 | |
|---------------|-----|-----|-----|-------|--------------------------------------|-----------------------------------|---|---|--|-------------------------------------|-------------------------------------|----------------------|---------------|
| 2/19/09 | 31 | 31 | 31 | ABC | News (N) | ABC Wld News | Inside Edition | Chronicle | Ugly Betty (N) | Grey's Anatomy (N) | | Practice | |
| | 7 | 7 | 7 | ASN | The Road to Avonlea | Instant Star | TMZ (N) | Wife Swap | Eleventh Hour (HDTV) (N) | | Practice | | |
| | 11 | 11 | 11 | CBC | Coronation St. | Jeopardy! | NHL Hockey Montreal Canadiens at Pittsburgh Penguins. (HDTV) (Live) | | | National | | | |
| | 2 | 2 | 2 | CBC-F | Terre humaine | Pyramide (SC) | Virginie (SC) | Infoman (SC) | Enquête (HDTV) (SC) | M pour musique (HDTV) (SC) | | Le Téléjournal | |
| | 32 | 32 | 32 | CBS | News (N) | Evening News | The Insider (N) | Entertainment | Survivor: Tocantins (N) | CSI: Crime Scene Invstgtn. | | Eleventh Hour | |
| | 69 | 69 | 69 | CFTM | TVA 18 heures | Le Cercle (SC) | Histoires-filles | Star Académie: | La Classe de 5e (N) (SC) | Taxi 0-22 (SC) | Caméra café | TVA 22 heures | |
| | 6 | 6 | 6 | CHIF | Entertainment | ET Canada | Life "I Heart Mom" (N) | Survivor: Tocantins (N) | The Office | Kink in Hair | News (N) | | |
| | 9 | 9 | 9 | CJCH | etalk | Hollywood | ER (HDTV) (N) | CSI: Crime Scene Invstgtn. | Grey's Anatomy (N) | News (N) | | | |
| | 10 | 10 | 10 | ELTV | (6) EastLink Television | | | | Podium TV | EastLink Television | | | |
| | 36 | 36 | 36 | FOX | Deal-No Deal | The Simpsons | Two/Half Men | Two/Half Men | Bones (HDTV PA) (N) | Hell's Kitchen (N) | | Fox First | |
| primetime | 12 | 12 | 12 | NBC | News (N) | NBC News | Hollywood | Extra (N) | Name Is Earl | Kath & Kim (N) | The Office | 30 Rock | ER (N) |
| | 29 | 29 | 29 | NW | World News | Business | CBC News | The Obama Visit (N) | | | CBC News: The National | | Dreams of |
| | 4 | 4 | 4 | PBS-B | NewsHour With Jim Lehrer | Greater Boston | Basic Black | Simon Schama's Rough Crossings | | | American-Stmp | | Secrets-Dead |
| | 35 | 35 | 35 | PBS-D | NewsHour With Jim Lehrer | Business Rpt. | Worldfocus | This Old Hse. | Yankee Shop | Ask This Old | Michigan | Conquistadors | |
| | 68 | 68 | 68 | TQS | (6:30) Le Retour (SC) | Grande fille | Un monde bête | Fascination criminelle (2006, Suspense) Sean Young. | | | | 110 pour cent | |
| | 23 | 96 | 96 | BNN | Business News | Headline | Market Call | Commodities | GetConnected | Business News | Squeeze Play | Market Call | |
| | 18 | 18 | 18 | CNN | (5) The Situation Room | Lou Dobbs Tonight | | | Campbell Brown: No Bias | Larry King Live | Cooper 360 | | |
| | 54 | 54 | 54 | GOLF | Golf Central | Uneven Fairways (HDTV) | Fairways | Riviera | PGA Tour Golf Northern Trust Open -- First Round. (HDTV) | | | | |
| | 52 | 52 | 52 | RSE | Sportsnet Connected | UFC: Access | NHL Hockey Vancouver Canucks at Ottawa Senators. (HDTV) (Live) | | | | | Sportsnet Con. | |
| | 55 | 55 | 55 | SCOR | Hockey Talk | Game On | Canadian Poker Tour | NBA Basketball San Antonio Spurs at Detroit Pistons. (Live) | | | | | |
| news | 45 | 45 | 45 | SPD | Unique Whips | Pimp My Ride | | Pass Time (N) | Pinks -- All Out (HDTV) | Pinks -- All Out | | Bullrun (N) | |
| | 53 | 53 | 53 | TSN | Off the Record | SportsCentre | That's Hockey! | Westminster Kennel Club Dog Show "Closing Night" (HDTV) | | | | | |
| | 43 | 43 | 43 | FAM | Zoey 101 | Life Derek | Wizards-Place | Han. Montana | Zack & Cody | Latest Buzz | Wizards-Place | Life Derek | Ned's School |
| | 44 | 44 | 44 | TOON | Ben 10 | Johnny Test | Totally Spies | Total Drama | 6TEEN | 6TEEN | Futurama | X-Men (2000, Action) | |
| | 26 | 26 | 26 | TREE | Max & Ruby | Backyardigans | Ni Hao, Kai-lan | Nght Grdn | Toot & Puddle | Franklin | Little Bear | Maggie-Beast | Comfy Couch |
| | 27 | 27 | 27 | YTV | Drake & Josh | iCarly | H2O, Just Add | Prank Patrol | Malcolm-Mid. | Futurama | Zixx Level | Prank Patrol | Falcon Beach |
| | 16 | 16 | 16 | A&E | The First 48 (HDTV) | The First 48 (HDTV) | | | The First 48 (HDTV) | The First 48 (HDTV) (N) | | The Beast (N) | |
| | 70 | 70 | 70 | APTN | News | Suaangan | Wapos Bay | By the Rapids | renegadepress | Cry Baby *** (1990, Musical Comedy) | | | |
| | 50 | 50 | 50 | BET | 106 & Park: BET's Top 10 Live (Live) | | | | Waist Deep ★ (2006, Action) Tyrese Gibson, Larenz Tate. | | The Game | | |
| | 37 | 37 | 37 | BRVO | Street Legal | Camera | Snapshot | Bathroom Divas-Opera Star | Glenn Gould: Hereafter (2005) | | | | |
| sports | 25 | 25 | 25 | CMT | Darius Rucker | CMT 4 Tracks | Our Song | Flashback | Home Improve. | Home Improve. | Reba | Reba | Hope & Faith |
| | 49 | 49 | 49 | COM | Laughs | Comedy Now | Air Farce | Just for Laughs | Corner Gas | The Simpsons | | South Park | VIP |
| | 153 | 153 | 153 | COURT | Truth, Duty, Valour | World's Wildest | Police Videos | Cops Uncut | Dumb Criminal | Aggro "Cold Hard Cash" | | Police Videos | |
| | 38 | 38 | 38 | DISC | How It's Made | How It's Made | Daily Planet (N) | Machines of Malice | | Scandals of the Ancient World | | MythBusters | |
| | 34 | 48 | 48 | HGTV | Holmes on Homes | House Hunters | Property Virgin | Holmes on Homes | The Fix | | Disaster DIY | Home to Flip | |
| | 46 | 46 | 46 | HIST | Deep Wreck Mysteries | NCIS "High Seas" | Lost Worlds | Deep Wreck Mysteries | | America's Best Dance Crew | | Degrassi: TNG | |
| | 17 | 17 | 17 | MM | Gone Wild | Gone Wild | Pimp My Ride | Paris Hilton's My New BFF | Fabulous Life Of... | | RuPaul's Drag | | |
| | 19 | 19 | 19 | MMM | MusicProfile | mmmtop10.com | Back In...Love | Spice Girls-Giving | TNA iMPACT! (HDTV) (N) | | Tonight Show | | |
| | 201 | 201 | 201 | M1 | Pirates Who Don't Do Anything | Michael Clayton *** (2007, Drama) | George Clooney. | Mister Lonely (2007, Comedy-Drama) | | | | Bounty Hunter | |
| | 48 | 23 | 23 | OLN | American Gladiators | Dog the Bounty Hunter | Survivorman Costa Rica. | Mantracker | | Friends | | I Know What | |
| family | 51 | 51 | 51 | PEACH | Seinfeld | Friends | House-Payne | House-Payne | Friends | Friends | Friends | Friends | |
| | 206 | 206 | 206 | PIX | (6:20) Little Criminals | | The Frisco Kid ** (1979, Western) | | Gene Wilder. | | Crocodile Dundee *** (1986, Comedy) | | |
| | 67 | 67 | 67 | RDI | RDI en direct | RDI en direct | 24 Heures en 60 minutes | | Grands reportages (SC) | | Le Téléjournal (SC) | | RDI en direct |
| | 39 | 39 | 39 | SHOW | Wife Swap | The Outer Limits | Love-Death | Love-Death | Trailer Park | Trailer Park | Silent Hill | | |
| | 40 | 40 | 40 | SLICE | X-Weighted "Valencia" | Til Debt-Part | Rich Poor | Bulging Brides | Bulging Brides | Last 10 | Last 10 | Biggest Loser | |
| | 47 | 47 | 47 | SPACE | Stargate SG-1 | Rabbit Fall | Rabbit Fall | Chuck (HDTV) | Star Trek: Voyager | | Chuck | | |
| | 14 | 14 | 14 | SPIKE | CSI: NY (HDTV) | CSI: Crime Scene Invstgtn. | CSI: Crime Scene Invstgtn. | CSI: Crime Scene Invstgtn. | | TNA iMPACT! (HDTV) (N) | | | |
| | 57 | 98 | 98 | STAR | etalk | Hollywood | The Ellen DeGeneres Show (N) | TMZ (N) | etalk | etalk | | etalk | Tonight Show |
| | 21 | 21 | 21 | TLC | What Not to Wear | Sports Disasters (HDTV) | Overhaulin' (HDTV) | Street Customs (N) | | Street Customs (N) | | Heli-Loggers | |
| | 56 | 34 | 34 | TROP | What Happen? | What Happen? | Make or Break | Naked Fashion | Family Guy | Seinfeld | Seinfeld | Raymond | Family Guy |
| cable variety | 20 | 20 | 20 | TV5 | Que.-champion | Journal de Fr2 | Fourchette et sac à dos | | Club social | Envoyé spécial | | | |
| | 28 | 28 | 28 | V | Mysterious Island | Murder, She Wrote | Wait for God | | 'Allo, 'Allo! | The Cutting Edge ** (1992) | | | |
| | 60 | 97 | 97 | VIVA | Mysterious Ways | Judging Amy | Most Haunted | | Most Haunted | | Passion | | |
| | 22 | 22 | 22 | W | Style by Jury | Style by Jury | Will & Grace | Friends | Divine Design | House | Confidential | Save Us-House | Divine Design |
| | 251 | 251 | 251 | WGN | Be-Millionaire | Evening News | Two/Half Men | Family Guy | Smallville "Identity" | Supernatural (HDTV) | | WGN News | |

critics' corner

ER
It's Valentine's Day in the ER, and Neela (Parminder Nagra) seems to be under the spell of Dr. Brenner (David Lyons). Gates (John Stamos) treats a bizarre mushroom hunter who comes in on his wedding day with breathing problems, and Banfield (Angela Bassett) is determined to have a baby despite her husband's (Courtney B. Vance) misgivings. And Dr. Carter (guest star Noah Wyle) makes a surprise visit to the ER. 8 PM on CJCH 11 PM on NBC

CSI: Crime Scene Investigation
Politicians are so hot right now — whether they're running for something or from something. While Langston (Laurence Fishburne) testifies at the trial of a respected congressman, new evidence that threatens to put the case in jeopardy sends the CSI team back to the lab to reopen the investigation. 9 PM on CJCH 10 PM on CBS

Mister Lonely
This surreal 2007 dramedy stars Diego Luna ("The Terminal") as a Michael Jackson impersonator who meets a woman (Samantha Morton) in the same line of work — she does Marilyn Monroe. She takes him to her home, a commune where everybody's a celebrity impersonator. There's also a priest, played by offbeat documentarian Werner Herzog, and a flying nun, not played by Sally Field. Did we mention ... surreal? 10 PM on M1

Ben Kweller

Album: Changing Horses
Label: ATO
Rating: ●●●●½

ALTHOUGH TEXAS-BORN Ben Kweller has dabbled in country twang before, this is the rocker's first genuine foray into the world of Americana. And, luckily, he succeeds with flying colours. With pedal steel galore, rich, soothing harmonies and a host of infectious singalong tunes, this might be the guitar slingers best record of his career. While there's plenty to enjoy here, the quiet and passionate On Her Own might be the most remarkable on the disc. If Kweller's smart, this musical change will be his last.

Bryan Borzykowski/for Metro Canada

Listen to this week's reviewed music by following links at [metronews.ca/music](#)

Roberts' dream party: Night with Obamas

Julia Roberts wouldn't mind getting her three kids together with Malia and Sasha Obama. When asked about her dream dinner party, the Oscar winner said: "For sure, we're going to start with the Obamas. The girls can play with my kids." **USMAGAZINE.COM**



SAG, studios talk

Negotiators representing Hollywood studios and actors met on Tuesday for the first time since November, hoping to kick-start talks that have triggered a bitter split at the Screen Actors Guild.

The union, which has been working without a TV/theatrical contract since the old one expired on June 30, is divided between mod-

erates who favour a quick resolution to the impasse and hardliners opposed to the negotiations and any resulting tentative agreement.

The moderates won a key battle last month by forcing the ouster of SAG's executive director and chief negotiator, Doug Allen, and the negotiating committee.

The recast team, led by

new chief negotiator John McGuire, met the Alliance of Motion Picture and Television Producers (AMPTP) at the latter's offices in Sherman Oaks. Neither side would comment on the talks' progress. Talks were also scheduled for yesterday.

Small, simultaneous rallies with the opposing SAG causes took place outside the venue. **REUTERS**

It's Hammertime on A&E

SHOW Rap superstar of the '90s MC Hammer will star in a reality series on the A&E cable network.

The performer, his wife and five children will be the focus of the half-hour, 11-episode show, which will premiere this year. The title, naturally, is Hammertime.

Executive producer J.D. Roth said the show likely will have the feel of an unscripted version of the Huxtable family from The Cosby Show. **REUTERS**

"Here's a dad with five kids, married to the same woman for more than 23 years, living in the same place where he grew up and going to church every Sunday," Roth said. "He's had his ups and downs, and it's what makes him such a character you root for."

Hammer has been offered reality shows before. Roth said he told the rapper he wanted to focus on his future rather than the past. **REUTERS**

Black Eyed Peas set date for E.N.D.

MUSIC The Black Eyed Peas will release The E.N.D., their first studio album in four years, on June 9. The group originally had hoped to release the set, which stands for The Energy Never Dies, in March. The band plans an international tour in support of the Interscope release. The group's last album Monkey Business, released in 2005, sold 4.2 million copies in the U.S. alone. **REUTERS**



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Tip of the Day: There are two types of people - those who come into a room and say, Well, here I am! and those who come in and say, Ah, there you are. — Frederick L. Collins

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Joe Jonas, left, is the biggest flirt of the Jonas Brothers, Kevin Jonas revealed on the CBS' The Early Show Tuesday. "He's a ladies' man," Kevin said. USMAGAZINE.COM

Where's the drama?

Oscars could use a little unscripted anarchy

The producers of the 81st Annual Academy Awards are promising that Sunday's Oscar ceremonies will play like a celebratory Hollywood party. If so, let's hope there are a few party crashers as well, because what the awards really could use is a shot or two of unscripted anarchy.

In recent years, the Oscars have been simply too polite and well-behaved to make for a riveting spectacle. That — as much as the

fact that members of the Academy of Motion Picture Arts and Sciences don't tend to lavish nominations on most of the year's biggest box-office hits — is a main cause of the show's ratings decline.

The Academy Awards first were broadcast on TV in 1953, which makes the show the granddaddy of reality TV. But as the senior citizen among the unscripted crowd, the Oscars have not been concerned with keeping it real.

The 81st Annual Academy Awards

Wacky gowns — à la the Bob Mackie original Cher wore in 1988 as she accepted her best actress award for Moonstruck — are verboten, of course, as is any sort of self-serving star behaviour.

In 1963, after Joan Crawford learned she hadn't earned a nomination for

Whatever Happened to Baby Jane? but her rival and co-star Bette Davis had, Crawford offered to accept the award for any winner who couldn't attend. Anne Bancroft, nominated for The Miracle Worker but busy working onstage in New York on Mother Courage, took Crawford up on the offer. When Bancroft's name emerged from the winning envelope, Crawford — so legend has it — passed by Davis, saying, "Pardon me, but I have an



Artist Dena D'Angelo unwraps Oscar statues during preparations for the upcoming 81st annual Academy Awards in Los Angeles.

Oscar to accept."

This year, though, those sort of passions don't appear to be on tap. So far, most

everyone has been on best behaviour — exactly what the 81st Academy Awards doesn't need. **REUTERS**



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Tip of the Day: A positive attitude may not solve all your problems, but it will annoy
enough people to make it worth the effort. – Herm Albright



Justin Timberlake was in New York this week to debut his new collection for William Rast and had his biggest fan, girlfriend Jessica Biel, in the front row. "I'm excited to see the show," Jessica said as she hurried inside, intouchweekly reports. **METRO NEWS SERVICES**

Front-row fan

Celebrity Buzz

Eva claims to be 'pretty frugal'

IMAGE The ever glam Eva Longoria has revealed she's pretty frugal in real life, unlike her Desperate Housewives character, Gabrielle, femalefirst.co.uk reports. At the Matthew Williamson fashion show this week, she commented: "I've always been pretty frugal about everything I wear on the red carpet. I return it all the next day."

METRO NEWS SERVICES



Jen and Jolie may cross paths at last

SHOWDOWN It looks like Angelina Jolie and Jennifer Aniston may finally come face to face Saturday at the Night Before the Oscars party in Beverly Hills. And according to OK magazine, Aniston's ready. "She has always known that this moment would happen and she's never been more ready." **METRO NEWS SERVICES**



Octuplets' mom denies being obsessed with Jolie

LOOKALIKES Facing public outrage over revelations that she supports her family with the help of food stamps and claims that she is fixated with Angelina Jolie, Nadya Suleman tells People magazine that she's turning to "a greater strength" to cope with her sudden notoriety. People.com quotes the California mother of octuplets as saying that she

hopes the media frenzy will soon die out and allow her to focus on raising her eight new babies, born Jan. 26, along with her six older children.

"Next week it will be okay," she told the magazine while peering outside at a group of reporters camped in front of her Whittier,

Calif., home. "No one will be out there, I'm hoping." Suleman also rejected claims that she is obsessed with Jolie.

"All lies. I have no interest in her. None," she says. "I've never been a fan of anybody famous. Now I kinda have a taste. But it's not being famous — it's being infamous. It's a nightmare."

Jolie's rep said reports that the actress received letters from Suleman are untrue.

METRO NEWS SERVICES



Taraji takes Brad home to meet her pals

CO-WORKERS Taraji P. Henson was so starstruck by her The Curious Case of Benjamin Button co-star Brad Pitt she invited him home to meet all her friends, femalefirst.co.uk reports. The actress was surprised to learn the Hollywood

megastar is "just a regular guy." Henson tells USA Today newspaper, "Three of my very best girlfriends flew into town and wanted to meet Brad Pitt. 'So I was like, 'Brad, come over. My girlfriends are going crazy over you.' He comes over,

and he's so cool. He has a way of being very warm and making people feel welcome."

METRO NEWS SERVICES



ALL PHOTOS GETTY IMAGES EXCEPT WHERE INDICATED

SJP wants the next Sex and the City film to be a 'romp'

REUNIONS Sarah Jessica Parker says the next Sex and the City movie will be a "romp," femalefirst.co.uk reports. The actress, who is set to reprise her role as sex columnist Carrie Bradshaw, wants the script to be packed with steamy scenes and funny storylines. The 43-



year-old actress admits the movie will have to be sensitive to the growing global financial crisis. She said: "I think we want this one to be a romp. The last one, we got to tell a really mature sophisticated story that had real heartbreak in it, and this time, I think we want a romp. We want our audience to have a massive romp."

METRO NEWS SERVICES

Von Teese says she'll never put a man before her career

WORK Dita Von Teese has vowed never to quit her raunchy stage act for a man — insisting she would rather give up on the relationship than her career, femalefirst.co.uk reports. The sultry striptease artist split from rocker husband Marilyn Manson in 2006 and is now back on the dating scene. And Von Teese admits previous lovers have let



her down because they want her to sacrifice her job for the romance. She says, "To begin with, they all say how great (my relationship) is. But when it comes down to it, they want their careers to be more important than mine. I've had many a man ask me to quit so I can ... be there for him all the time."

METRO NEWS SERVICES



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Rourke says his dogs were there for him 'when no one else was'

FRIENDS Mickey Rourke, who thanked his dogs during his Golden Globes best actor acceptance speech, says his pooches received a shout-out for one simple reason: They were there for him during his darkest hour more than a decade ago, people.com reports.

"I sort of self-destructed and everything came out about fourteen years ago or so ... the wife had left, the career was over, the money was not an ounce," Rourke, 56, reveals during the Oscar night edition of The Barbara Walters Special, of which People has

an exclusive preview.

"The dogs were there when no one else was there." But the star of The Wrestler says his split from ex-wife, actress-model Carre Otis, 40, further exacerbated his personal turmoil.

"What happened was, I was not in a really good place in my head and my heart, and I think when the wife left, it all came down and I didn't want to be here." But when asked by Walters if, at the time, he

was suicidal, Rourke said, "Look, there's always a weak way out. I've always known that. Yeah, I didn't want to be here, but I didn't want to kill myself. I just wanted to push a button and disappear."

Also, Loki, Rourke's beloved Chihuahua, has passed away, the actors rep recently confirmed.

The dog, which was 18 years old, was photographed often on the red carpet with Rourke. **METRO NEWS SERVICES**



Cruise family heads to Disney World

FAMILY Hollywood royalty met Disney royalty at the Magic Kingdom over the weekend, people.com reports. On Saturday, Tom Cruise, Katie Holmes, kids Suri, two, and Connor, 14, and Holmes' parents visited the Walt Disney World theme park, where they met princesses Cinderella, Snow White and Aurora (a.k.a. Sleeping Beauty) at

the Once Upon a Time Breakfast at Cinderella's Royal Table restaurant. "Suri was wearing a yellow dress like Belle from Beauty and the Beast," says a fellow diner. The family slipped into the restaurant relatively unnoticed as the princesses were being introduced to the crowd. **METRO NEWS SERVICES**



JAMES DEVANEY/WIREIMAGE

Guy's angry about having to re-shoot

BEHAVIOUR Guy Ritchie is reportedly furious over being ordered to re-shoot scenes for his upcoming film Sherlock Holmes starring Robert Downey Jr., according to the Sun. The paper says Warner Bros. executives were displeased with a cut of the film, and blasted one scene as being "ridiculously unrealistic."

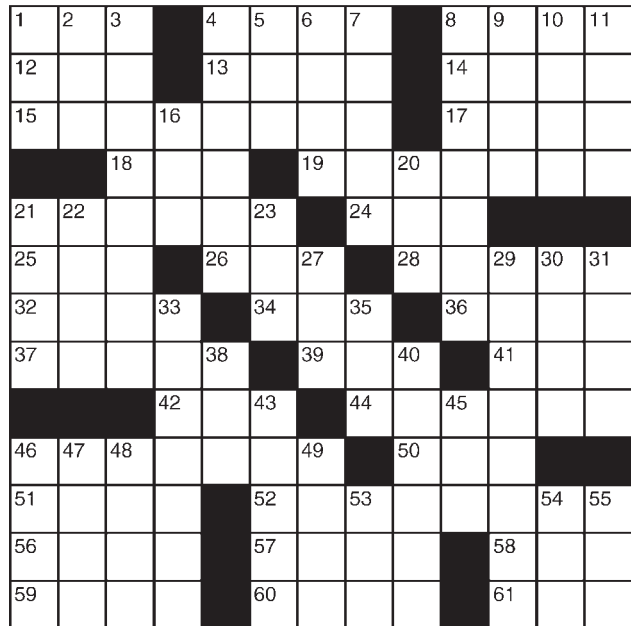


METRO NEWS SERVICES



For more delicious Metro recipes, visit: metronews.ca/food

Take Five



Crossword across

- 1 Ain't no more
- 4 Hand warmer
- 8 Supermarket supply
- 12 Request
- 13 Taj Mahal city
- 14 Send forth
- 15 Easy field goal
- 17 Competent
- 18 Sajak or Summerall
- 19 Middle kid, in a sitcom
- 21 Pen VIP
- 24 Author Buscaglia
- 25 "I" strain?
- 26 Wish otherwise
- 28 Further down the page
- 32 99 of the 101 Dalmatians

- 34 Playground game
- 36 Rebuff a masher
- 37 Choppers
- 39 Aries
- 41 Lemieux milieu
- 42 Have 44-Across
- 44 Evening meal
- 46 Big con
- 50 — de deux
- 51 PBS science show
- 52 Hidden trigger
- 56 Hebrew month
- 57 Green land
- 58 Margery of rhyme
- 59 Money
- 60 Encounter
- 61 CBS logo

Crossword down

- 1 Servicewoman
- 2 Blond shade
- 3 Do some pre-bout exercise
- 4 Get down
- 5 "Blech!"
- 6 Gift-tag word
- 7 Deadly
- 8 Signal lights
- 9 Early pulpit
- 10 Underwater breathing apparatus?
- 11 Goblet part
- 16 Cushion
- 20 Mainlander's memento
- 21 Sobbed
- 22 Malaria symptom
- 23 Enthusiast

- 27 Corn spike
- 29 Opposite result
- 30 "The Amazing —"
- 31 Unoriginal one
- 33 The Daily Show host
- 35 Petrol
- 38 Meccan pilgrimage
- 40 Snuffleupagus, e.g.
- 43 Tribe emblem
- 45 Manhandle
- 46 Hosiery woe
- 47 Protuberance
- 48 Elliptical
- 49 Soft cheese
- 53 Rage
- 54 Comedian Romano
- 55 Flock member

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | 3 | 9 | 4 | 8 | 2 | 6 | 5 | 1 |
| 8 | 6 | 4 | 5 | 1 | 3 | 9 | 7 | 2 |
| 5 | 1 | 2 | 6 | 7 | 9 | 8 | 3 | 4 |
| 4 | 7 | 8 | 3 | 9 | 1 | 2 | 6 | 5 |
| 1 | 9 | 6 | 7 | 2 | 5 | 4 | 8 | 3 |
| 2 | 5 | 3 | 8 | 4 | 6 | 1 | 9 | 7 |
| 9 | 8 | 1 | 2 | 5 | 7 | 3 | 4 | 6 |
| 3 | 4 | 5 | 1 | 6 | 8 | 7 | 2 | 9 |
| 6 | 2 | 7 | 9 | 3 | 4 | 5 | 1 | 8 |

Find today's answers + play more games at metronews.ca

| | | |
|---------------------------|-----------------|-----------------|
| SUDOKU SOLVE TIME: | 17-21 min | Smart |
| Under 13 min | Genius | |
| 13-17 min | Scholar | |
| | 21-25 min | Not bad |
| | 25+ min | Keep practising |

Metro Recipe of the Day



Italian Braised Beef with Garlic and Mushrooms

INGREDIENTS:

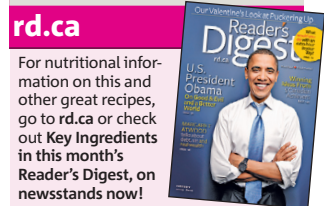
- 1/2 cup (125 ml) dried porcini mushrooms (1/2 ounce)
- 1 cup (250 ml) hot water
- 1 cup (250 ml) canned crushed tomatoes
- 1 cup (250 ml) dry red wine or chicken broth
- 2 tbsp (25 ml) tomato paste
- 3 carrots, cut into matchsticks
- 2 celery stalks, cut into matchsticks
- 4 garlic cloves, slivered
- 4 tsp (20 ml) brown sugar
- 3/4 teaspoon oregano
- 3/4 teaspoon salt
- 1/2 tsp (2 ml) black pepper
- 1 lb (500 g) well-trimmed boneless beef eye round roast

METHOD:

1. Combine mushrooms and hot water in small bowl. Let stand 20 minutes until softened. With fingers, scoop mushrooms out of liquid. Strain mushroom soaking liquid through fine-meshed sieve

- and set aside. Coarsely chop mushrooms.
2. Preheat oven to 350 F (180 C). Combine mushrooms, mushroom soaking liquid, tomatoes, wine, tomato paste, carrots, celery, garlic, brown sugar, oregano, salt, and black pepper in Dutch oven or flameproof casserole. Bring to a boil over medium heat.
3. Add meat to pan and return to a boil. Cover, place in oven, and bake until meat is tender, about 1-1/2 hours.
4. Slice meat and serve with vegetables and sauce. (Recipe can be made ahead. Add sliced meat to pan of sauce and vegetables and refrigerate. Reheat in 250 F/120 C oven).

SERVES 4



Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
Your energy inspires others to get out of a rut. You'll pull off any last-minute plans with ease. You have the courage to speak the truth.



TAURUS
APRIL 21-MAY 21
Your conscience is tugged after witnessing an injustice. Sometimes you just can't help other people. The best policy is to let sleeping dogs lie.



LIBRA
SEPT 23-OCT 23
You'll get more happiness from telling the truth. A wicked woman has something to say about damages. Your passions must be controlled for now.



SCORPIO
OCT 24-NOV 22
Don't let other people's fears scare you into making a mistake. You'll have to defend a reliable friend. Mind your manners and don't be bitter.



GEMINI
MAY 22-JUNE 21
Someone tells you something you want to know. A trustworthy person discovers a personal weakness. Regrets will cause a friend to confess.



SAGITTARIUS
NOV 23-DEC 21
You don't expect to be told what to do. Your talents lead you to better things. Pay attention to any doubts about a tempting fantasy.



CANCER
JUNE 22-JULY 22
Discuss an agreement with a stable friend. Self-hypnosis will work for you. An optimistic woman wants you to change your habits.



CAPRICORN
DEC 22-JAN 20
Your affection causes weird reactions. Ridiculous outrage will break out over a lost item. Strengthen others by sharing your deep thoughts.



LEO
JULY 23-AUG 23
Tension crops up when someone is caught lying. Someone will bring out your wild side. Prepare to coach a besieged person through a crisis.



AQUARIUS
JAN 21-FEB 18
An ally denies revealing his character flaws. Your brilliant ideas push the power of invention to new heights. A social event seems to be silly.



VIRGO
AUG 24-SEPT 22
You'll get support for a planned venture. A quiet approach enhances your hard work. Someone's integrity is at stake in a wild love affair.



PISCES
FEB 19-MARCH 20
Be a minimalist with your plans. A fierce person insists on deadlines being met. You must spend time with someone if you want to bond.



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WORDY GURDY BY TRICKY RICKY KANE

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

- Small lie about a tot's highchair wear (1)
- Bloke's AAA handouts for routes (1)
- Stupid Clue game Professor (1)
- Exerciser LaLanne's floor coat (1)
- Insect stage wonder to behold (2)
- Broom riders' wall recesses (2)
- Pleasure boat captain's frogman's footgear (2)

ANSWERS: 1. LARVAL MARVEL 2. CHAPS MAPS 3. DUMB PLUM 4. JACKS WAX 5. LARVAL MARVEL 6. WITCHES NICHES 7. SKIPPERS FLIPPERS

2-19-09

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